Practical Integration of Faith-Based Recovery Offerings into Community ROSC

“A clear purpose will unite you as you move forward, values will guide your behavior, and goals will focus your energy.”
— Kenneth H. Blanchard
Government can run and fund programs, but it can't love, it can't show compassion, and it can't embrace. Our faith is designed to have social implications, not just heavenly ones. The spiritual and the social must be connected. Tony Evans
"Faith and Community Leaders are Essential Partners in Addressing our Nation's #OpioidCrisis."

Shannon Royce, Director
Center for Faith and Opportunity Initiatives
U.S. Department of Health and Human Services
Much of what community members learn about alcohol, tobacco and other drug use is conveyed through what the faith community says or does not say about it.
A Faith Counts Study:
Belief, Behavior, and Belonging:
How Faith is Indispensable in Preventing and Recovering from Substance Abuse

This study reviews the voluminous empirical evidence on faith's contribution to preventing people from falling victim to substance abuse and helping them recover from it.

First published in the peer-reviewed Journal of Religion and Health.

IT WORKS!

- 84% of studies find that faith reduces drug abuse risk.
- 86% of studies find that faith reduces alcohol abuse risk.
- Up to 82% of clients who experience a spiritual awakening during substance abuse treatment and recovery were completely abstinent at a 1-year follow-up compared with 55% of non-spiritually awakened clients.

National Health Concern?

Americans simultaneously identifying with religion less and suffering from substance abuse more. 20 million Americans suffer from substance use disorder (SUD).

- Percent Religiously Unaffiliated: 29%
- Drug Deaths per 100,000 Population: 13.7%

$316.6 Billion in annual savings to the U.S. Government
SOCIAL/SPRITUAL ROLE...

▪ A deep sense of love and belonging is an irreducible need of all people. We are biologically, cognitively, physically, and spiritually wired to love, to be loved, and to belong. When those needs are not met, we don't function as we were meant to. We break. We fall apart. We numb. We ache. We hurt others. We get sick.

▪ Brene Brown
Recovery is Beautiful BluePrint, a five-year plan to transition Ohio’s local community mental health and addiction service systems into **Recovery-Oriented Systems of Care (ROSC)**.

This Blueprint is a framework where Ohio Boards are the Recovery-Oriented System of Care “**hub**” for their local communities.

There is coordination across systems to ensure that local entities are prepared to offer community-based mental health and addiction services, and recovery supports that are person-centered to meet the needs of individuals working toward recovery.
COORDINATED...
Collaboration is essential to progress. We will never hit on all cylinders if there is not a SYSTEM wide commitment to collaboration.

- The central question that leads to collaboration is, “What can I do to help?” Look for ways to lend your time, resources, and expertise to the colleagues that need it.
UNDERSTAND THE COMPLEXITY!
THE FOUR FACETS OF ADDICTION

- Biological
- Psychological
- Sociological
- Spiritual
SPIRIT/MIND/BODY

THE SOURCE OF ALL CREATION IS DIVINITY (SPIRIT);

THE PROCESS OF CREATION IS DIVINITY IN MOTION (OR THE MIND);

AND THE OBJECT OF CREATION IS THE PHYSICAL UNIVERSE (WHICH INCLUDES THE PHYSICAL BODY);

THESE ARE THE THREE COMPONENTS OF REALITY SPIRIT, MIND, AND BODY

Deepak Chopra
GOD USES BROKEN PEOPLE LIKE YOU AND ME TO RESCUE BROKEN PEOPLE LIKE YOU AND ME

TOBYNNAZ #SPEAKLIFE
FAITH’S ROLE EXPANDED

- AG AND GOVERNORS OFFICE
- STATE AND LOCAL MENTAL HEALTH AND ADDICTION SERVICES
- TRADITIONAL TREATMENT AND SUPPORT PROVIDERS
- LAW ENFORCEMENT AND SOCIAL SERVICES
- FAITH RECOVERY SUPPORTS

ROSC — Recovery Oriented System of Care

LIVING IN PROXIMITY IS NOT THE SAME AS LIVING IN COMMUNITY
GREAT "FIRST GATHERING" TEACHING
WHEN FINDING FAITH’S PLACE IN THE ROSC...

WHY “CALL”

HOW “CAPACITY”

WHAT “CREATION”

SIMON SINEK

EXODUS 4:2

BEST PRACTICE
FOR FAITH TO BE EFFECTIVE...
KEYS TO EFFECTIVE FAITH + ROSC ENGAGEMENT...

Congregational Readiness (Assess your strengths, gifts, buy-in)
• We can help with this...

Cooperation not Competition
• Self Awareness (THE WHY)
• Check EGO at the door
• BEST PRACTICES (DON’T REINVENT)

Create a sustainable PARTICIPATION AND PACE
• Without margin, there is no room to serve and collaborate
• “Do we have the margin to wade in?”
BUILD OUT FAITH BUBBLE

READINESS
- ASSESSMENT EXERCISE – AFFINITY (SWOT)
  (CHURCH/COMMUNITY)
- EDUCATION
- SUD, SBIRT AND FAITH, MENTAL HEALTH FIRST AID, NARCAN TRAINING, TRAUMA TRAINING, STIGMA, REFERRING
- HOW CAN I HELP?
  - LAW ENFORCEMENT?

SUSTAINABLE
- VOCA – REACH FOR TOMORROW
- OHMAS – OCAAR
- FOUNDATIONS – FREEDOM GROWS

COOPERATION
- AVOID DUPLICATION
- INVESTIGATE COLLABORATIVE TOOLS
- LIVING FREE (EXAMPLE – WAYNE)

SWITCH FROM CAN TO SHOULD
FINDING FAITH’S FIT

STARTED WITH DE-STIGMATIZATION

- Identify Gaps
- Seek Existing Partners
- Use Best Practices
- Integrate

Moved the narrative from “either or to both and”
FAITH/RCC

AA/CR/NA/SMART

LAW ENFORCEMENT & QRT

LOCAL PROVIDERS

TECHNOLOGY

RELINK/SOBERGRID

MEDICAL and TREATMENT

FAITH COALITION - CIA

ASSESSMENTS

REFERRALS

COLLABORATIVE & CONNECTED

EVOLVING Faith

ROSC

WORKING TOGETHER

IDENTIFY COMMITTED STAKEHOLDERS

Faith ROSC
TUSCAWARAS COUNTY
RESOURCES

- Governor's Office of Faith-Based and Community Initiatives
- CENTER for FAITH-BASED and OUTREACH INITIATIVES (DC)
- Office of FAITH-BASED Initiatives TENNESSEE – Dr. Monty Burks
- GREATER GOOD AMBASSADORS (Columbus)
- OHIO RECOVERY HOUSING
- PREVENTION ACTION ALLIANCE
- TAPU (THE ADDICTS PARENTS UNITED)

- TOOLKITS, RELATIONSHIPS, BEST PRACTICE
NEXT STEPS?

21 STATES MULTIPLE COUNTIES TRAIN?
HELP AND HOPE