Funding Innovative Pilot Programs: What Worked and What Didn’t

Scott S. Osiecki, CEO, ADAMHS Board of Cuyahoga County
Michael Doud, Director of Adult Behavioral Health Services, ADAMHS Board
Derrick Kirklen, Adult Behavioral Health Specialist II, ADAMHS Board
Thom Olmstead, Director of External Affairs, St. Vincent Charity Medical Center
Overview of Crisis in Cuyahoga County

• Cuyahoga County has seen 1,000 more fentanyl related death in the past 29 months than in the previous decade.
ADAMHS Board’s Role in Combatting the Opioid Crisis

• Coordinated Response
• Increased Funding
• Pilot Programs
The Board’s goal to support recovery by addressing:

- **Access to Tx**
  - Coordinated waitlist
  - Overflow assessments
  - Prioritize Board funded resources for target population(s)

- **Greater attention to the need of recovery supports:**
  - Increased Investment - Recovery Housing
  - Expanding Role of Peer Support
  - Transportation
Meeting People Where They Are

- Expansion MAT
  - Including addressing the needs of offenders reintegration into the community with addiction to opiates
- Continued investment in harm reduction strategies
What ADAMHSCC Funded

- Fentanyl Test Strips
- Ambulatory Withdrawal Management
- Level 3 Recovery House - Hattie House
- Quick Response Team (QRT) Variations
  *Project SOAR
  *AscentED
  *Ascent App
- Project DAWN
Continuum of Care

Continuum Focused

• Harm Reduction
• Access to Treatment
  *Including ASAM assessment to identify correct level of care
• Barriers to remaining in treatment
Harm Reduction
Fentanyl Test Strips Program

Background Information:

- Fentanyl contaminated heroin, accounted for a 72% increase in fentanyl related deaths in Ohio since 2015.

- Research showed that IV drugs users were 10 times more likely to inject a smaller amount and 25% less likely to overdose after using the test strips.

- Therefore, in response Circle Health Services and the Cuyahoga ADAMHS Board began looking at incorporating test strips for individuals that participate in their Syringe Service Program (SSP).
Fentanyl Test Strips Program
Funding Use, Client & System Impact, Program Goals or Objectives:

- Purchase 15,000 strips
- Serve 5,000 people
- Reduce Fentanyl related overdoses and deaths Countywide by 25%
Access to Treatment

Quick Response Team (QRT) Variations

- **Project S.O.A.R**
  (Supporting Opiate Addiction and Recovery)

- **AscentED**
  (Partnership with MetroHealth Hospital)

- **P.A.A.R.I (East and Southwest-Safe Passages)**
  (The Police Assisted Addiction and Recovery Initiative)
Project S.O.A.R
Supporting Opiate Addiction and Recovery

- **Partners:** The Woodrow Project and City Of Lakewood-Department of Human Services
- Utilizes Peer Recovery Supporters
- Connect survivors of non-fatal overdoses and others battling opiate addiction with an Ohio state certified Peer Recovery Supporter

**Three possible access points:**

* Cleveland Clinic’s Lakewood Emergency Department;
* Through follow up contacts from Peer Supporter, EMS worker and community police officer
* Also through a “Safe Station” located at Lakewood City Fire Station 1
Access to Treatment & Recovery Support

AscentED

- **Partners:** Ascent - Connect. Hope. Live Program and Metro Health Systems Emergency Department
- Peer Recovery Supporters are imbedded in the Emergency Department for round-the-clock staffing coverage.
- The program connects survivors of non-fatal overdoses and others battling opiate addiction with an **Ohio state certified Peer Recovery Supporter**
P.A.A.R.I.  
**Police Assisted Addiction and Recovery Initiative**

- The program acts as a diversion to arrest
- The program's overall purpose is to support local police departments to battle opioid addiction.

**Program Tenants:**
- Encourage opioid drug users to seek treatment and achieve recovery
- Help distribute Naloxone (Narcan) to prevent fatal overdoses
- Connect those battling addiction with treatment programs and facilities
- Provide resources to families and other community police departments and communities that want to do more.
Barriers to Remaining in Treatment

Ambulatory Withdrawal Management

Background Information:

• Cuyahoga County ADAMHS Board engaged discussions with Substance Use Disorder (SUD) treatment providers.

• These discussions identified a need for continued withdrawal management of Post-Acute Withdrawal Symptoms (PAWS)

• The overall purpose being to further stabilize a person coming into treatment services and helping them transition into treatment and participate fully.
Ambulatory Withdrawal Management

**Funding Use, Client & System Impact, Program Goals or Objectives:**

- Ongoing medical/medication management of PAWS and assistance with coordination of care
- Help the client remain sober after discharge from detox and with that helping to reduce the number of detox episodes
- Remove what is identified as one of the main causes of remaining in treatment.
- Move client through the community SUD continuum of care
- Prevent congestion and unmanageable wait list for treatment slots.
Outpatient Transportation Program

Rosary Hall Addiction Treatment Center
Cleveland, Ohio
The Setting

- Drug overdoses are among the leading causes of accidental death in the United States.

- Transportation is a significant barrier to attending & completing outpatient treatment programs.
Searching for a Solution

• Traditional and novel transportation models
• Financial modeling
• Secure grant funding
• Execution team
• Target market and outreach - Sober Living Homes
Execution

- Contract with Circulation: Web-based platform that interfaces with Lyft and Uber
- Circulation manages front end transportation functions and back end data generation
- Services billed directly to hospital - sorted by cost center
- IT coordination / User training
- Policy drafting
## Outcomes: Program Statistics

<table>
<thead>
<tr>
<th>Successful Rides</th>
<th>Distance Traveled (miles)</th>
<th>Travel cost</th>
<th>Treatment Reimbursement</th>
<th>Average Cost/Ride (one-way)</th>
<th>Clients Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>6,430</td>
<td>52,723</td>
<td>$133,477</td>
<td>~$348,099</td>
<td>$17.50</td>
<td>267</td>
</tr>
</tbody>
</table>

- 11.4% (tech. fees)
- 88.6% (trans. fees)
## Outcomes: Patient Statistics

<table>
<thead>
<tr>
<th>IOP Transportation Clients 2017 / 2018</th>
<th>Completed IOP or still in Tx 2017 / 2018</th>
<th>% Completion or still in Tx 2017 / 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>123 / 76</td>
<td>92 / 61</td>
<td>74.8% / 80%</td>
</tr>
</tbody>
</table>
Outcomes

- Removes Barrier
- Increases attendance
- Provides Dignity
- Facilitates Research
What Worked

Outcomes and Use
What Didn’t
Challenges and Obstacles
Wrap-Up and Q&A

Contact Information:
Scott S. Osiecki, CEO, ADAMHS Board of Cuyahoga County
email: osiecki@adamhscc.org | phone: 216.241.3400 ext. 814

Michael Doud, MSSA, MSUS, Director of Adult Behavioral Health Services, ADAMHSCC
email: doud@adamhscc.org | phone: 216.479-3271

Derrick Kirklen, Adult Behavioral Health Specialist, M.Ed., LPC, LCDCIII, ADAMHSCC
email: kirklen@adamhscc.org | phone: 216.479-3283

Thom Olmstead, Director, External Affairs, St. Vincent Charity Medical Center
email: Thom.Olmstead@Stvincentcharity.com | phone: 216.363.2775