Introductions

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Objectives

• How to create a recovery housing strategic plan for a county

• Identify alternative funding for sustaining recovery housing

• Identify challenges for recovery housing and how to overcome them (ie. Zoning, neighbors, admission/discharge procedures, etc).
Creating a Recovery Housing Continuum

Provide a brief description of levels of recovery housing & definition

L1  Peer-run facilities that include drug screenings, house meetings and self-help meetings. Democratically run. Generally single-family residences utilized to house up to five unrelated individuals.

L2  Monitored facilities that include house rules, structure, peer run groups, drug screenings, house meetings and involvement in self-help and/or treatment services. Primarily single-family residences for up to five unrelated adults. Can include apartments or other dwelling types. At least one paid position.

L3  Supervised housing with administrative oversight, policies and procedures, services delivered may be licensed services. This housing includes various types of structures including a single-family residence or apartments. Includes a facility manager, certified staff or case worker.

L4  Service provider with organizational hierarchy and administrative oversight. Licensing varies from state to state; clinical supervision, may be treatment facility or institutional setting. Clinical and support services provided in house.
Creating a Recovery Housing Continuum

What year did ADAMHS begin recovery housing? 2015

What is our strategic plan for the present? Future?

• L2 Expand bed capacity by contracting with new non-profit providers as resources become available.

• L3 Develop recovery housing for special populations:
  - Complete 14 bed program for pregnant women with substance abuse disorder
  - Complete 16 bed program for individuals with dual-diagnoses.

• Family based recovery housing - Currently collaborating with Family Treatment Court and Children Services to establish recovery housing for court involved families.
Creating a Recovery Housing Continuum

List in chronological order – recovery housing projects
• Include recovery housing Level of Housing (L2, L3, etc.)

L2
- Joshua Recovery Ministries
- Holt Street Project
- Whole Truth Ministries
- Mercy Manor
- Divine Resolutions
- Lighthouse Project
- PowerNet Inc.

L3 Special Populations
- Promise to Hope (construction and development phase)
- NOVA Dual – Diagnosed Project (construction and development phase)
- Family Treatment Court (development phase)
Current Recovery Housing Continuum

Goal: 100 Level 2 recovery housing beds
• 50 ADAMHS contracted beds
• 25 ADAMHS non contracted beds (via ATP grant)

3 special population recovery housing in development stages:
• Promise to Hope Recovery Housing for pregnant women - late fall 2018.
• Nova Family Treatment Court housing - 2019

What is ADAMHS current annual contracts for recovery housing (excluding capital/renovations)?
• $275,575
Recovery Housing Provider requirements

How do we find & vet providers?

Potential providers are by referral to our program or by direct contact to ADAMHS. Potential providers must:

• Provide a written plan
• Be a registered non-profit organization with a Board of Directors.
• Have references and relationships with other community support organizations.
• Follow all requirements and become an affiliate in good standing with Ohio Recovery Housing.
• Agree to site visits and participation in ADAMHS quarterly meetings and submitting monthly reports.
  • Policies/procedures
  • OH Recovery Housing Network – peer certification required for house managers and directors/staff
• Other requirements? Mental Health First Aid, Trauma Informed Care
• Data collection requirements (the database)
Recovery Housing Subsidies

• Ongoing contracts for apartment subsidies – range between $13/day to $16 day
• $13/day is subsidy for providers who operate housing purchased by ADAMHS and OHMHAS collaborative capital projects
• $16/day is subsidy for providers who operate housing not purchased by ADAMHS and OHMHAS capital projects.
Funding

• OHMHAS capital projects (List projects by year, with local match $, state $)
  • OHMHAS Capital Projects (local levy match $)
    2015/2016 - $81,000
    2017 - $250,000 plus $20,000 private foundation
    2018 - $186,000
  • ADAMHS owns housing during renovations
  • Under what conditions do we turn deeds over to private, non profits?
    Deeds are transferred when construction is completed, inspected and program is implemented with full residency.
Funding

- Foundations
  - Promise to Hope project
- Addictions Treatment Program (ATP)
- ADAMHS subsidies
- OHMHAS Capital Projects
- Community partners and treatment facilities
Funding

• **Recovery House Owners seek private donations**
  From faith-based community, community organizations, foundations, businesses and corporations.

• **Residents’ % of Income after 1st 30 days (explain policy)**
  Residents are required to contribute 30% of income after 30-45 days (varies with providers) as program fees. Securing employment and developing good employment skills are program goals.
Typical L3 Recovery House Operating Budget

Whole Truth Ministries - Operating Budget
Include utilities, maintenance, other costs
Challenges (Opportunities)

Identify challenges for recovery housing and how to overcome them (ie. Zoning, neighbors, admission/discharge procedures, etc).

- Be aware of local zoning regulations - Some communities will not allow for the presence of recovery housing.
- Contact the local Fair Housing Board - Fair Housing can provide information regarding what the local zoning board can actually require according to fair housing laws.
- Meet with neighbors of the recovery house to explain your plans and to obtain feedback from them. You will want to provide neighbors general information about establishing a residence for individuals who desire to maintain sobriety. Make certain that these neighbors understand that the residents will be held to strict standards of conduct. Ascertain what concerns or misconceptions the neighbors have and respond to these issues promptly.
Challenges (Opportunities)

Identify challenges for recovery housing and how to overcome them (i.e. Zoning, neighbors, admission/discharge procedures, etc).

• Develop a set of agreements for residents of the house to follow.
  • Primary agreement: is a resident must maintain sobriety to be able to reside in the house.
  • Fundamental component of the agreement is the guidelines on how a person living in the house is removed for violation of agreements or other misconduct.
  • Clearly state in writing and review with each potential resident what specific responsibilities they have in regard to the operation and maintenance of the residence.
Resources

OH Recovery Housing Network

www.ohiorecoveryhousing.org

Ohio Recovery Housing website provides resources, guidelines and links for developing, managing and operating quality person-centered recovery housing.
Montgomery County Alcohol, Drug Addiction and Mental Health Services
Thank you for your attention