Peer Support in Unique Situations

Peer Recovery Conference

- Brian Bailys & Jody Morgan
Thrive Behavioral Health Center is a provider of peer recovery support services.

- Certified by OhioMHAS to provide peer services in substance use and mental health
- Contracted with all Managed Care Organizations in Ohio
- Recovery services provided by OhioMHAS **Certified Peer Recovery Supporters**
  - Individuals in recovery from substance use and/or mental health diagnoses
- One on one complementary service to other treatments (MAT, IOP, PHP)
  - Transportation
  - Education
  - Goal Setting
  - Social Interaction
  - Meeting Attendance
What Peer Support Is

**TRANSPORTATION:** Drive peer to appointments, meetings or other recovery based activities

**CLINICAL CARE:** Provide contact information to local hospitals, IOP, treatment centers, recovery centers, psychiatry, psychology etc.

**LEGAL AID:** Give peers information and resources to legal aid and other legal resources.

**CONTACT WITH OUTSIDE ENTITIES:** Provide phone numbers and other resources to the peer in order to contact resources such as: food, shelter, meetings, recovery support and other needs.

**ADVOCACY:** Help to teach advocacy skills to the peer so peer may advocate for themselves in situations.

**CASE MANAGEMENT:** Provide resources to assist in meeting current case management directives. Encourages person-driven care.
Who Uses Peer Support

- Jails
- Treatment Centers
- Emergency Departments
- Long Term Care Facilities
- Sober Living Homes
- Recovery Community Organizations
- Drug courts and specialty dockets
Community Support is there to help peers reintegrate back into the community and assist with a variety of community support.

Peers may need support with housing, transportation, advocacy, whole health and other natural supports. Thrive coaches can provide peer support on a long-term basis, up to 4 hours/day.

Coaches can help transport to and from medical appointments, court appointments and community or recovery events. Thrives’ goal is to improve a person’s quality of life by sharing personal lived experience to enhance their future recovery.

Peer Recovery Coaches bring unique strengths and qualities to the integrated care teams:

- Sharing personal experiences with whole health including addressing wellness
- Insight into the experience of stigma and how to combat it
- Compassion and commitment to helping others, rooted in a sense of gratitude
- Can take away the “you do not know what it’s like” excuse when with a peer in early recovery
- Share experience of moving from hopelessness to hope
- Develop a relationship of trust, which is helpful in working with people in trauma recovery
Recovery Housing
Homelessness
Programs can be designed to help inmates receiving medication assisted therapies prior to leaving the jail and ensuring linkage to peer support and other recovery services once they leave.

In addition are programs in partnership with specialty dockets. These dockets can refer to peer recovery support services to ensure that they receive support while part of the specialty docket and beyond.
The goal of working in an emergency room is to help individuals who presented in the emergency room that survived an overdose. Staff are there to provide peer support and link patients to immediate treatment, MAT or other recovery support services.

The goal of emergency room peer support is to reduce emergency room visits and increase the opportunity for a patient to enjoy long term recovery.
MAT providers believe the linkage with a certified peer coach helps with better adherence and better outcomes.

Patients are linked to a peer coach and can begin using peer recovery support services for things like meeting attendance and transportation to their medical appointments.
Warmlines are available and are staffed by individuals all in recovery who are there to lend an ear and support those calling.
Wellness Support
Contact Information

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