Don’t Lose Faith in the Recovery Process
A Faith-Based Outreach Initiative Pilot Program

Starlette Sizemore-Rice, Public Benefits Administrator
Ohio’s 2017 Opiate Conference
Ohio Association of County Behavioral Health Authority
June 13, 2017
Background

- **Faith-Based Outreach Committee Mission:**
  - Recognize and advocate spirituality in the recovery process.
  - Connect the spiritual perspective with intervention and best practices.
  - Promote the concept that treatment works and people recover.

- **Sub-Committee’s Action Plan**
  - Treatment and support.
  - Prevention and early intervention.
  - Awareness and understanding activities.

- **Request for Information (RFI)**
RFI Process

• Faith-based Organizations and/or Providers
  o Integrate spirituality.
  o Provide prevention and early intervention.
  o Increase the awareness and understanding.
RFI Process
Guidelines/Eligibility

• **Behavioral Health Services**
  o Non-profit with 501(c) (3) status.
  o Certified for the provision of MH and/or AOD services.
  o Capacity to collaborate with entities to provide faith-based/spiritual services and/or has certified staff to provide faith-based/spiritual services.

• **Prevention**
  o Faith-Based Organizations with Non-profit 501(c) (3) status.
  
    Or
  
  o Provider agencies in collaboration with a Faith-Based Organization.
RFI Process

Proposal
  o Six Questions
  o Review Process

RFI Time Line
  o July 8, 2015 – August 10, 2015
  o October 2015- Implementation Month
  o November 1, 2015 thru December 31, 2016 - Term
  o 14 month Pilot
Hispanic Urban Minority Alcoholism and Drug Abuse Outreach Program (UMADAOP)

Together for a Common Good - Prevention - Expanding Behavioral Health
90 Adults

- Promote spirituality in the recovery process.
- Increase the counseling capacity of Miguel Prieto Treatment Center (MPTC).
- Galilean Center of Theological (GCT) Studies
Hispanic UMADAOP

Spirituality Training for Staff

- 22 staff trained.
- Integrating spirituality.
- Structure sessions.
- Avoid imposing their norms, preference and/or attitudes

Spirituality Session - Resident and Outpatient Clients

- 14 clients.
- Impact of addiction upon their spirituality.
- Connected to a greater power.
- New perspective, meaning and purpose to their lives.
Inner Healing Ministries

Student Training Outreach Program (S.T.O.P) - Faith-Based Prevention
300 Youth/Young Adults/Families

- Increase the protective factors of youth, young adults and their families.
- Kingdom Developers Consulting Inc.- Prevention/Wellness.
- Partnerships with community organizations.
Inner Healing Ministries

• Educational forums/trainings.

• Alternative recreational/community activities.

• Spiritual education/outreach and spiritual mentoring/support.
Inner Healing Ministries

Project Target

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300
Life Recovery Ministries, Inc.

Spiritual Recovery & Wellness Program – Faith-based Prevention
425 Adults/Youths

- Educate and increase awareness/understanding of mental health/addiction in the Faith-based community.

- Incorporate spirituality into treatment.

- Address societal stigma surrounding mental illness.
Life Recovery Ministries, Inc.

Project Target

[Graph showing monthly progress and target for Life Recovery Ministries, Inc., with data for November 2015 to December 2016.]
National Alliance on Mental Illness (NAMI) Greater Cleveland

Outreach/Awareness Program - Provider Expanding Prevention
300 Children/Families

- Increase support, education and referral around mental health and substance abuse in the faith community.
  - Outreach/Engagement
  - Training
  - Education Sessions
NAMI Greater Cleveland
Outreach/Engagement/Training/Education

- Build relationships with church leaders
- Training/presentations
- Psychoeducation Sessions
- Community Events
OhioGuidestone

Extending Spiritual Care into the Community - Provider/Faith-Based
185 Youth/Families

- Additional Chaplains.
- Spiritual care and support.
- Community-Based services.
- Holistic approach.
OhioGuidestone

• **Examples of Care**

  o Teaching a client to pray as a way of coping with anxiety.

  o Helping a client to acknowledge the guilt issues.

  o Discussing God’s presence in the midst of broken relationships.

  o Follow up with a client who has relapsed and provide continue care in rehab facility
Trinity Outreach Ministries Another Chance of Ohio

The Inner City Life Fitness and F.A.I.T.H. Boot Camp – Faith -Accountability- Inspiration -Teamwork - Honesty and Hard Work –

Faith-based Early Intervention/Prevention

100 children/Families

- Multifaceted and holistic faith-based approach
- Inspirational activities
- Redirecting people back to their faith.
Trinity Outreach Ministries Another Chance of Ohio

- Two semester-based schedules/90-Day cohort.
- Curriculum - Four Key Areas.
- Fall/Winter & Spring/Early Summer.
- Summer Activities.
Cumulative Number of Program Clients Served by Month

- November 2015: 14
- December 2015: 113
- January 2016: 228
- February 2016: 395
- March 2016: 538
- April 2016: 755
- May 2016: 1107
- June 2016: 1360
- July 2016: 1647
- August 2016: 1738
- September 2016: 2090
- October 2016: 2285
- November 2016: 2524
- December 2016: 2551

Project Target: 1400
Percentage of Met Faith and Spiritual Objectives

- Blue bar: acknowledges the importance of faith/spirituality/the practice of religion in recovery.
- Orange bar: connected with faith community.
- Gray bar: connected with the church or faith-based organization.
- Yellow bar: demonstrates a commitment to continuation of their spirituality.
- Dark blue bar: demonstrates increased knowledge/understanding of the connection between spirituality/recovery.
- Green bar: demonstrates increased skills/understanding/knowledge to facilitate spiritual trainings.
Percentage of Met Prevention Objectives

- **Hispanic UMADAOP**: adopted a mission statement of sobriety for their homes
- **Inner Healing Ministries**: completed training
- **Life Recovery Ministries, Inc.**: demonstrates saying no to drugs/alcohol
- **NAMI Greater Cleveland**: identifies drug/alcohol free alternative activities
- **Trinity Outreach Ministries**: achieved the highest percentage met prevention objectives.
Percentage of Met Awareness and Understanding Objectives

- Demonstrates knowledge of chemical dependency/addiction
- Demonstrates knowledge of Mental Health
- Demonstrates knowledge of substance abuse
- Gained access to information on mental health/dual diagnosis services and conditions.
- Received information on and increased understanding of mental/behavioral health and dual diagnosis causes, signs, symptoms and treatment options.
- Demonstrate knowledge of the MHFA 5 step action plan
- Shows increased awareness of addiction
Faith-based Prevention Activity Hours
November 2015 - December 2016

- Administration: Back-office Processes
- Planning: Meeting Preparation
- Planning: Building Relationships
- Direct Service: Counseling
- Training: Staff
- Direct Service Activities: Physical (e.g. sports)
- Planning: Strategic
- Planning: Implementation Meetings
- Planning: Outreach
- Direct Service: Education
- Direct Service Activities: Travel (e.g. museum, concert)
- Administration: Supervision
- Planning: Evaluation
- Administration: Evaluation
- Direct Service Activities: Socialization
- Direct Service: Referral

Hours of Activity
Count of Pilot Project Clients by Age Group

- 0 - 4 years: 27
- 5 - 11 years: 105
- 12 - 14 years: 40
- 15 - 17 years: 42
- 18 - 20 years: 13
- 21 - 24 years: 73
- 25 - 44 years: 436
- 45 - 64 years: 292
- 65+ years: 196
Pilot Study Results

- 3% Planning or administration of project evaluation.
- Majority were female.
- Difficulty getting Age Group data.
- High percentages of Black or African American.
- High percentages of Christianity.
- High rate of unknown religion responses.
2017 Faith-Based Outreach Initiative Program

- Five Contract Providers
- Same funding
- Goal 1500 individuals
- Served 319 individuals as of March 2017
Questions

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Preparing Your Community

• Build relationships with the Faith-base community and organizations.
• Network.
• Public notice of the Request of Information release.
• Community events.
• Organization’s Website.
• Pamphlets/Flyers/Cards.
• Speaker Events.
• Forum.
• Faith-based Outreach Committee.