Crisis Intervention Team Training in Montgomery County
Jodi Long, Director of Treatment and Supportive Services
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Crisis Intervention Team in Ohio

• Brought to Ohio in 2000 by the Akron Police Department

• Now coordinated by the Criminal Justice Coordinating Center of Excellence (CJ CCOE) in cooperation with OHMHAS, NAMI of OH, OH Department of Public Safety/Office of Criminal Justice Services, Supreme Court of Ohio & the OH Attorney General’s Office

• To date 8,526 full time sworn law enforcement officers across Ohio
Objectives

Local CIT program History
Its Implementation Considerations and Process
Successes and Lessons Learned
Partnership with Mental Health First Aid – Public Safety
History of CIT in Montgomery County

• Lead agency was Dayton Police Department starting in 2003
• From 2003 to 2015, 7% full time officers had attended from 7 of the 30 departments
• CJ CCOE was receiving requested from various departments about need for additional CIT Academies
• In January 2016, Montgomery Co. Sheriff approached ADAMHS regarding CIT Academy partnership
• The Montgomery Co. CIT Advisory Committee was established
• By December 2016:
  • 4 CIT Academies hosted (3 with MCSO, 1 with Dayton PD)
  • 76 additional officers trained (now 17% of full time officers)
  • 6 additional departments participating (now at 13 of 30)
• Commitment between MCSO/ADAMHS is to offer quarterly CIT Academy until all of the Montgomery Co. Law Enforcement agencies are at 25% of their sworn officers.
The Catalyst For Change with CIT …

• New Staff…New Visions…New partnerships!
• Agency Priority – Newest Initiative at ADAMHS
• Community/Police department interest
• National Council for Behavioral Healthcare 2016 Conference.
  • Presentation discussing the partnership and release of a White Paper on CIT and Mental Health First Aid for Public Safety and Law Enforcement
  • Our vision and passion generated discussion
  • Became a ADAMHS Initiative for 2016
  • Lead to establishing community partnerships
How does Mental Health First Aid for Public Safety & CIT work together?

• The white paper recommendations
• We advertise both courses together
• Mental Health First Aid - Public Safety Goal – 100% officers trained in basic course
• Call to Action/One Mind Pledge for International Chiefs of Police Association
• CIT Academy – 25% of uniformed officers trained in advanced course
Local CIT Initiation and Implementation
Community Partners/ Champions

Initial interest (2/30)

• Kettering Police Department

• Montgomery County Sheriff Department

Commitment to Date (13/30)

• Kettering PD
• Montgomery Co Sheriff
• Vandalia PD
• Sinclair Community College PD
• Miamisburg PD
• West Carrollton PD
• Germantown PD
• Clayton PD
• Trotwood PD
• ODR State
• Huber Heights PD
• Dayton Children’s Hospital PD
• Centerville PD
CIT Advisory Board

Who?
• Montgomery Co. Sheriff
• Kettering Police Department
• Miami Township
• Sinclair Community College, Police Academy Coordinator
• NAMI
• ADAMHS
• Participating depts. are encouraged to send representative

What? When?
• Meet quarterly, typically week or two after Academy
• Review pre- & post-test results, officer feedback and make recommendations for changes to next Academy
• Ongoing conversation about how to collect universal data across 30 departments & various databases
• Approved design for CIT pins & Challenge Coins
The Five Star Experience
1. Co-facilitate all sections of training with LE & BH professional (50/50 rule)
2. Align with OPOTA police academy curriculum for special populations and training schedule (50/10 rule)
3. Limit participants to LE officers & correction officers (100% rule)
4. Agency Partnerships - Community Behavioral Health Centers, NAMI, Hospitals
5. Seamless Operation - Attention to details such as environment, food, logistics (Never let them see you sweat!)
Making it Work the Week of CIT Academy

• Stick to the 50/10 rule for teaching sections
• Location
• Space set up
• Rotate presenters
• Visual schedule

• Business Card sheets
• Binders pre-created
• Manual organization/lay out
• Donations and discounts
• Behind the scenes support
• Bucket-o-props
Lessons Learned

• Experiential Learning Opportunities in every section – Medication exercise, Hearing Voices exercise, small group activities, panels of providers & consumers

• Managing consumer (especially youth) recovery stories with LE basic operating procedures

• Officers, despite years of service, often gain significant awareness of community resources & services that are available
Lessons Learned

• Officers want 1:1 relationships – with names, phones of who to call (business card holders)

• Incorporating Resiliency/Trauma Informed Policing is KEY on day 5 of the Academy

• Be brave – and not invite back presenters who receive low scores (great counselors don’t always make great presenters/facilitators)
Lessons Learned

- LE departments are unaware of ADAMHS’s role in the community & the resources we bring to the table for the sustainability of CIT in the community

- Put training calendar out far in advance – most departments’ schedule 3-6 months out

- Advertise upcoming sessions via Chief Association

- 50/10 rule for breaks
Lessons Learned

• Protein...Protein...Protein...Water and Mountain Dew...and don’t forget the

• The LE department champion is often a road officer or supervisor with experience/knowledge of mental illness

• Start with the “willing” departments – if your CIT Academy is 5 star experience, graduates will market to the other departments

• Identify champions in local departments then equip them with information to take back to their supervisors & chiefs
Future Plans

• In 2017
  • MCSO & ADAMHS will host 4 CIT Academies
  • 1 day CIT Companion Course for Dispatchers will be added
  • CIT Companion Course for Behavioral Health Professionals will be added
  • We will continue to do outreach to the 17 departments who are not currently participating
  • We will continue to market Mental Health First Aid – Public Safety as basic LE course and CIT Academy – as Advanced course
If you would like our resources:

We will send you EVERYTHING
PowerPoints, food schedules, binder materials, etc. !

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Thank you for your attention!