Ohio’s 2018 Opiate Conference
Strengthening Ohio’s Communities

June 11-12, 2018

Hosted By:

Association of County Behavioral Health Authorities

In Partnership With:
Keynote Speakers

Lindsay Musser Hough, CGFM, PMP, MPA, is a Principal at Deloitte Consulting LLP, where she supports state government leaders through efforts focused on policy development and operations improvement, with a focus on health care, human services, and workforce development. She formerly worked for the U.S. Government Accountability Office and Independent Sector. Like so many of us, she has been personally impacted by the opioid epidemic, and is committed to curbing this epidemic in her own community and across the country.

China Widener serves as the Strategy and Operations Capability Leader for Public Sector for Deloitte. As a Public Sector leader, she advises state and local government clients on business and operating transformation to achieve breakthrough performance. China has extensive C-suite experience in the policy, program and operations. She formerly worked at the Ohio Department of Job and Family Services where she served in capacities as COO and Assistant Director of Services to Families. She brings to clients an understanding of the eco-systems of human services. In her role at Deloitte, she has continued to engage in human services, including the intersection of behavioral health, child welfare, and safety-net services. She led the creation of the digitized PATHway Behavioral Health Diagnostic Program tool™ – which supports behavioral health leaders with program optimization decisions through use of a data-driven program modeler.

Rita K. Noonan, PhD, is a sociologist and Branch Chief in the CDC’s Division of Unintentional Injury Prevention. Dr. Noonan and her staff oversee the $125M Overdose Prevention in States (OPIS) initiative, a combination of prevention, intervention, and public health surveillance programs to reduce opioid-related overdose across the United States. Dr. Noonan works closely with several High Intensity Drug Trafficking Areas (HIDTAs), managing the public health component of ONDCP’s Heroin Response Strategy that links public health and public safety across 22 states. She has been the recipient of several prestigious awards, including a Fulbright Scholarship and a MacArthur Fellowship. She received her PhD from Indiana University.

Tracy J. Plouck, MPA, is the Director of the Ohio Department of Mental Health and Addiction Services and has been a member of Governor John Kasich’s Cabinet since January 2011. She brings a strong policy background to her role, having served twice as Ohio’s State Medicaid Director and also as a deputy director for both the Ohio Department of Developmental Disabilities and the Ohio Office of Budget and Management. Plouck holds a Master’s degree in public administration from The Ohio State University and a Bachelor’s degree from Kent State University. She is currently the Vice-Chair of the Executive Committee of the Council of State Governments’ Justice Center.
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June 11th
Agenda

07:30 AM – 09:30 AM  Registration  Second Floor Lobby
09:30 AM – 09:45 AM  Welcome & Opening Remarks  Regency Ballroom
Cheri L. Walter, CEO, OACBHA
09:45 AM – 10:00 AM  Recovery Story (R1, R1)
Individual in Recovery
10:00 AM – 10:30 AM  Fighting the Opioid Crisis:
An Ecosystem Approach to a Wicked Problem (R1, R1)
Lindsay Hough, Deloitte Consulting LLP
China Widener, Deloitte Consulting LLP
10:30 AM – 11:00 AM  The Evolving Opioid Epidemic in the United States (R1, R1)
Rita Noonan, PhD, CDC Division of Unintentional Injury Prevention
11:00 AM – 11:15 AM  Break (Visit Exhibitors)  2nd and 3rd Floors
11:15 AM – 12:15 PM  Breakout Sessions #A1-A9  County Rooms
12:15 PM – 01:45 PM  Luncheon  Regency Ballroom
Thank You Video Presentation
Luncheon Presentation of CARES Awards
Presented by: U.S. Senator Rob Portman
Tracy J. Plouck, Director, OhioMHAS
01:45 PM – 03:15 PM  Breakout Sessions #B1-B9  County Rooms
03:15 PM – 03:30 PM  Break (Visit Exhibitors)  2nd and 3rd Floors
03:30 PM – 05:00 PM  Breakout Sessions #C1-C9  County Rooms
June 11, 2018 Breakout Sessions
11:15 AM - 12:15 PM

A1. Building a Recovery Housing Continuum
Pam Stanley, Program Coordinator for Housing, Montgomery County ADAMHS Board
Kyle Shaw, CEO/Executive Director, Whole Truth Ministries
Jorge Logan, PowerNet of Dayton
This workshop will provide an overview of how an ADAMHS Board, in partnership with private nonprofit housing providers, can build a network of recovery housing. We will discuss capital purchases, ongoing funding, housing provider requirements, and monitoring/outcomes tracking. (R1, R1)

A2. The Emerald Jenny Foundation: Developing a Database of Resources
Bill Ayars, President and Founder, The Emerald Jenny Foundation
The Emerald Jenny Foundation operates a searchable database intended to help those searching for available resources within Ohio. The website was launched on May 14, 2017. It offers a free, searchable database for rehabilitation and treatment facilities, health care providers, counselors, and other organizations that serve people who are struggling with addiction. As of March, the Emerald Jenny Foundation’s database includes over 1,200 resources throughout the state for families and their loved ones struggling with a substance use disorder. (R1, P4)

A3. Ohio Opioid Treatment Needs Assessment and Gap Analysis
Laura Potts, MA, Health Services Policy Specialist, OhioMHAS
One requirement of the 21st Century Cures Act was that States receiving money should perform a community needs assessment to determine what local resources should be made available to assist clients with opioid use disorders (OUD). OhioMHAS OUD Community-Based Needs Assessment extends beyond including perspectives of the local Boards and behavioral health organizations to examine perspectives of many entities, such as physical health doctors, involved in providing OUD treatment. This presentation will acquaint workshop participants with OhioMHAS’s methodology and the findings of the analysis. Special attention will be given to any gaps in treatment needs. (R1, R1)

A4. They Grow Best When They Feel Safe: A Trauma Focused Treatment Model for Very Young Victims of the Heroin Epidemic
H. Jane Sites, LSW, Ed.D., Program Director/Division of Child and Adolescent Psychiatry, Cincinnati Children's Hospital
Kathy E. Wedig, MD, Associate Professor of Clinical Pediatrics, University of Cincinnati College of Medicine; Cincinnati Children's Hospital/Neonatology
This presentation will focus on the biologic and developmental consequences for young children that are caused by opiate dependent parents, and then are increased due to neglectful and/or abusive events. The focus will be on how Hamilton County and Cincinnati Children's Hospital responded to this crisis by developing a model of community intervention that addresses the needs of the addicted parents, along with the family and children in a concurrent service model that protects the permanency and attachment needs of the children. The presenters will describe the collaboration needed between mental health services, juvenile courts, addiction services, Head Start, and children's services to develop these clinics. (R1, P4)

A5. Medication-Assisted Treatment Tele-Mentoring via ProjectECHO
Russell Spieth, PhD, CRC, Senior Consultant/Trainer—Motivational Interviewing, Northeast Ohio Medical University
The NEOMED (Northeast Ohio Medical University) Ohio Alliance provides weekly tele-mentoring for MAT prescribers via ProjectECHO. ProjectECHO was developed at the University of New Mexico to increase access to care in underserved areas. The Ohio Opiate ECHO (Extension for Community Healthcare Outcomes) clinics are distance health education models created to provide best practice care across all communities engaged in the treatment of opioid use disorders. Through the ProjectECHO NEOMED Ohio Alliance, we have developed two ECHO clinics to meet the needs of the current and future workforce addressing opioid use disorders with medication-assisted treatment (MAT). The Ohio Opiate ECHO Clinics are supported by OHMHAS through 21st Century Cures Act funding. (C2, R1)
James Conkle, DNP, APRN, Hopewell Health and Ohio University Chillicothe
Kylie LeMaster, M. Ed, LPC, CDCA, Behavioral Health Consultant, Hopewell Health and Ohio University Chillicothe
Vicky K. Parker, RN, PhD, MS, APRN; CNP, Hopewell Health; Associate Professor, Ohio University Chillicothe
This session presents the practice of integrated healthcare approach of medication-assisted treatment (MAT) in the treatment of drug addiction with Vivitrol. The session will raise awareness of Vivitrol use in treating addiction. The session will discuss the following protocols: screening patients; the initiation of cognitive/behavioral therapy throughout the process; physical assessment; treatment protocols; and who is a candidate for Vivitrol. (C1, R1)

A7. Opiate Abuse/Addiction Outreach for Older Adults
Kimberly Fraser, MA, LPCC, Executive Director, Lake County ADAMHS Board
Matt Battiato, Director, Lake County JFS
RSVP (Retired Senior Volunteer Program) Lake County and the Lake County ADAMHS Board are partnering to bring information about drug abuse and addiction to grandparents and other older adults in Lake County. Presentations, which will take place at each of the ten local senior centers, will stress the nature of addiction, scope of the problem, warning signs, and treatment resources. A key part of the messaging will be the importance of purging home medicine cabinets of older/unused medications. We have purchased 2,000 Deterra drug disposal pouches and will train senior volunteers to help explain and distribute those pouches. The pouches offer an easy and environmentally responsible drug disposal method. This presentation will discuss the ongoing partnership between the ADAMHS Board and the RSVP program. (R1, P2)

A8. Building a Chemical Dependency Workforce: ADAMHS & Higher Education Models
Jodi Long, LISW-S, LICDC-CD, Director of Treatment and Supportive Services, Montgomery County ADAMHS Board
Tammie Colon, LISW-S, Associate Executive Director, Allen, Auglaize, and Hardin Counties MHRS Board
Gwen Helton, LPCC-S, LCDCIII, Chairperson of the Human Services & Behavioral Health Department at Sinclair College
Heather Koontz, MSW, LISW-S, Social Work Program Manager, OSU Lima; Guidance Counselor and Schools Social Worker, Allen East Schools
This workshop will provide an overview of two models of partnership with higher education to increase the number of trained chemical dependency professionals. This workshop will discuss partnerships with a community college and a state university. Participants will learn about the curriculum development, the budget, funding, application process, as well as lessons learned from both models. Participants will be provided materials and procedures for both programs for the application process. (R1, R1)

Amy Bush Stevens, Vice President, Prevention and Public Health Policy, Health Policy Institute of Ohio
Hailey Akah, Health Policy Analyst, Health Policy Institute of Ohio
HPIO has launched the Addiction Evidence Project to provide policymakers and other stakeholders with information needed to evaluate Ohio's policy response to the opiate crisis and accelerate and continually improve strategies to address substance use disorders in a comprehensive, effective, and efficient way. In this session, HPIO will share the results of a recent Addiction Evidence Project report that reviews state-level policy changes related to addiction prevention, treatment, and recovery enacted in Ohio from 2013-2017 and summarizes policymaking activity. Participants will discuss the opportunities for improvement identified in the report and implications for working with state and local leaders to strengthen prevention, treatment, and recovery policies in the future. (R1, R1)
B1. A National Opioid Solutions Overview from the IAIABC

Jennifer Wolf Horejsh, Executive Director, International Association of Industrial Accident Boards and Commissions

Dr. Brian Wilson, PhD, Medical Projects Director, Ohio Bureau of Workers’ Compensation

The International Association of Industrial Accident Boards and Commissions (IAIABC) commissioned a project in 2017 to evaluate what individual states are doing to address the opioid epidemic. The scope includes what state and local governments are doing in regard to such things as the use of Prescription Drug Monitoring Programs, access to naloxone, restrictions on daily supply or Morphine Equivalent Dose, healthcare provider education, and access to treatment. The scope also includes how workers’ compensation is addressing the issue as well with tactics such as treatment guidelines, drug formularies, and weaning enforcement. The results for 32 states (thus far) are very interesting as there are both commonalities and gaps between the states. The project’s goal is to create a collaborative conversation starter for policymakers around the country. This presentation will highlight the findings to-date and compare Ohio to other states. During the discussion, the audience will be given the opportunity to share further insights into how Ohio is dealing with the opioid epidemic that could help refine the ongoing nature of the project. (R1, R1)

B2. Building a Countywide Response to the Opiate Epidemic

Barb Marsh, LSW-S, LICDC-CS, Assistant to the Health Commissioner, Public Health—Dayton and Montgomery County

Jodi Long, LSW-S, LICDC-CS, Director of Treatment and Supportive Services, Montgomery County ADAMHS Board

This workshop will provide an overview of the Montgomery County Community Overdose Action Team (COAT). The COAT was designed as a countywide collaborative response to the opiate epidemic using the FEMA Incident Command System (ICS) and the principles of the collective impact model. The benefits of how the Montgomery Co. ADAMHS Board and Public Health—Dayton and Montgomery County partner to co-lead the COAT including oversight of the eight working branches, the steering committee, and the joint information centers will be covered. Benefits and challenges to using an Incident Command System to address a behavioral health emergency response will be addressed. (R1, P4)

B3. Coming of Age: Prevention Education & Effective Screening and Diagnosis for an Aging Population

Cynthia McQuown, LPCC-S, LICDC, Clinical Counselor, Cornerstone Psychological and Counseling Services

Ohio’s population of people over 65 continues to outpace the State’s resources for substance use disorder prevention and treatment for this age group. This workshop will provide an overview of the unique vulnerability older adults have to problems related to their medications and alcohol and will provide participants with knowledge about the benefits of prevention activities with older adults. Workshop participants will also examine screening tools and diagnostic issues relevant to older adults and substance use disorders. (C7, P2)

B4. An Overview of ROSC: Building Hope Through Connection and Participation

Precia Stuby, LSW-S, Executive Director, Hancock County Board of ADAMHS

A Recovery-Oriented System of Care (ROSC) is a network of clinical and nonclinical services and supports that sustain long-term, community-based recovery. As local, organic entities, ROSCs reflect variations in each community's vision, institutions, resources, and priorities. Behavioral health systems and communities form ROSCs to: 1) Promote good quality of life, community health, and wellness for all; 2) Prevent the development of behavioral health conditions; 3) Intervene earlier in the progression of illnesses; 4) Reduce the harm caused by substance use disorders and mental health conditions on individuals, families, and communities; and 5) Provide the resources to assist people with behavioral health conditions to achieve and sustain their wellness and build meaningful lives for themselves in their communities. This interactive workshop will first provide an overview of the ROSC framework including its goals, principles and values. Coupled with the presentation will be an implementation example from Hancock County, a micropolitan area in Northwest Ohio that adopted a transformational approach to the implementation of recovery-oriented practices, services and a community-wide approach that brings together diverse systems, individuals in recovery and the community at-large. (R1, R1)
B5. Same Old MI, Different Phrases  
Jeff Rhein, MRC, PCC-S, LICDC-CS, Director of Alcohol and Drug Addiction Services, Mental Health and Recovery Services of Warren and Clinton Counties  
So you think you know MI? Well you probably are very familiar with the concepts Stephen Rollnick and Stephen Miller outlined in "Motivational Interviewing: Preparing People for Change". Most providers and agencies have been trained or exposed to MI/MET, but what is the fidelity of the model? Are we being true to the spirit of MI? In the limited time we have together, we will go through a quick refresher, maybe practice some OARS and look at how we can measure change every day with our clients and also hone our MI skills using concepts from MIASTEP and look at a few other resources to get your tools sharpened. (C4, R1)

B6. Recovery Panel  
A panel of Ohio residents will share stories of their lives and how they have overcome addiction to opiates and/or other drugs. Participants will hear stories about the personal journeys panel members underwent to begin their recovery, as well as the supports they utilize to maintain and sustain their lives as individuals in recovery. (C1, R1)

B7. Ohio HIDTA (High Intensity Drug Trafficking Area) Analytics and Ohio's Opioid Epidemic  
Orman Hall, Public Health Analyst, Ohio High Intensity Drug Trafficking Area  
Eric Brown, Deputy Director, Ohio High Intensity Drug Trafficking Area  
Shawn Bain, Drug Intelligence Officer, Ohio High Intensity Drug Trafficking Area  
Frank Perhacs, Senior Criminal Analyst, Ohio High Intensity Drug Trafficking Area  
Presenters will demonstrate OSMAPS, HIDTA's non-fatal overdose tracking system, and will discuss emerging trends in drug seizure data and how these trends may affect overdoses and drug use patterns in Ohio. Presenters will also discuss lessons learned from participation in the National Heroin Response Strategy. (R1, R1)

B8. Opioid Withdrawal and Linkage Program: Where Healing Begins  
Tammie Colon, MSSA, LISW-S, MAOM, Associate Executive Director, MHRS Board of Allen, Auglaize, & Hardin Counties  
Susan Hawk, MS, PCC-S, LSW, CGP, Chief Clinical Integration Behavioral Health, Mercy Health  
Susan Harrod, MS, LPCC, Director of Outpatient Services, Allen County, Coleman Professional Services  
Three Boards in Northwest Ohio have joined together to develop a unique and innovative collaboration between Coleman Behavioral Health Services and St. Rita's Medical Center to create a regional crisis stabilization and withdrawal management continuum. The Opioid Withdrawal and Linkage Program gives individuals on this journey the treatment, guidance, and support they need during this critical time. Equally important to individuals' recovery is their community discharge planning and coordination. This session will cover the planning, development, and implementation of this program. This session will also share how this coordinated program has benefited individuals. (R1, P4)

B9. SKY Meditation (a Mind-Body Intervention in Overcoming Opioid Addiction): A Pilot Study  
Jill Klimpel, MA, Counselor, The Ohio State University  
Dr. Sathyya Dev Unudurthi, PhD, Research Scientist, The Ohio State University  
Ashtabula, a county in northeastern Ohio, is facing an opioid epidemic with a 100% increase in opioid related deaths in the past 18 months. There is a need for innovative adjunct therapies to address this issue. Sudarshan Kriya Yoga (SKY) program, a standardized, instruction manual based mind-body intervention was shown to be an effective adjuvant therapy for opioid, alcohol, and tobacco addiction, psychological disorders, and stress management. SKY differs from mindfulness and other meditation processes in that it is a more physiological, rather than cognitive, process. It involves controlled breathing techniques that can be easily mastered and do not require mental effort. Our goals are to evaluate the SKY program as an adjuvant therapy to treat opioid addiction and implement a supportive SKY community in Ashtabula using the SKY technique, the tools of yoga postures, breathing exercises, and mindfulness practices, as well as different pieces of wisdom to help the mind stay calm. In this workshop, in addition to discussing the study in Ashtabula, presenters will also be teaching a basic set of breathing techniques to give participants some direct experience of the impact of the breath. (R1, R1)
C1. Help for the Helper: How to Manage Vicarious Trauma and Stress and Still Love Your Career!  
Trisha Farrar, BA, LCDCII, OCPC, Certified Meditation Instructor, CEO and Trainer, The Recovery Center, Inner Wisdom Wellness  
Christy Richards, Consultant, Trainer, Energy Healer, Inner Wisdom Wellness  
When compassion fatigue hits critical masses as we have experienced with the opiate epidemic, those who are helpers begin to suffer, and very soon it impacts the individual and the entire workplace. Once you realize you are a candidate for compassion fatigue or are already suffering its effects, exploring this new awareness can lead to insights concerning past, vicarious, or secondary traumas; pain; and defeating behaviors. A common and understandable coping mechanism in the caregiving field is to just stuff the overwhelming emotions that continually surface because of the work you do. Otherwise, how else would you keep going? This workshop is all about recognizing compassion fatigue and the negative impact of stress and learning to identify the symptoms as they manifest in you. You will also learn the most effective ways to heal and to cope in the future. When you are healthy, you can be happy, energetic, and better help those in need. (R1, R1)

C2. Clermont's Employment Model  
(Linking Opiate Treatment and Employment)  
Karen Scherra, MS, Executive Director, Clermont County Mental Health and Recovery Board  
Joyce Weddle, BA, MSW, LSW, Director of WIN Employment Services, Greater Cincinnati Behavioral Health Services/Clermont County  
Jasmine Varney, BSW, LSW, LCDCIII, Employment Supervisor for ASPIRE, Greater Cincinnati Behavioral Health Services/Clermont County  
Clermont County had a lingering question: What is the link between substance use disorder treatment and employment? And could recovery be enhanced through employment services? Our program is built on providing rapid workforce re-entry. Using the principles of the IPS-Supported Employment evidence-based model, available for many years to mental health consumers, we developed a specialized employment program for the AoD population. This workshop will share program design, implementation, community partners, results, and successes. In fiscal year 2015, 40% of individuals receiving services gained employment. This outcome is the result of a planful and concerted effort by multiple stakeholders and agencies. This program has grown and evolved since its inception and is viewed as a successful and essential part of recovery services in the County. (R1, P4)

C3. After the Opiates are Gone: Treating Addictive Behaviors in Recovery  
Effie D. James Jr., BA, LCDC II, Substance Abuse Treatment Counselor, UMADAOP of Mansfield  
This workshop will address the struggles of addicts during and after successful treatment of opiate addiction primarily through medication-assisted treatment and/or intensive outpatient programs. Many will return to previous addictive behaviors and abuse of other substances such as cocaine and marijuana. This presentation will assist treatment providers in identifying addictive behaviors and effective strategies for treating auxiliary addictions, specifically cocaine and marijuana abuse. (C2, R1)

C4. Resisting Arrest, Overdose, and Deaths: The Intersection between Law Enforcement/First Responders, Behavioral Health Providers, and Managed Care Plans  
Christina Kalnicki, LISW-S, BH Initiative Lead-Criminal Justice, OH market, CareSource  
Sgt. Patrick Greenhill, Community Engagement Unit Supervisor, Berea Police Department  
Robert Dick, MSW, LSW, Therapist, OhioGuidestone  
Chief John T. Majoy, CLEE, Chief of Police, Village of Newburgh Heights  
Corporal Rachel Halaska, Village of Newburgh Heights Police Department  
This workshop will focus on initiatives that have developed as a result of the relationships between law enforcement/first responders, behavioral health providers, and managed care organizations. The workshop will take a historic look back at how these organizations previously responded to the needs of the recovery community and the circumstances that led to the recognition of the need for partnership and collaboration. The workshop will then focus on the steps taken to breakdown the longstanding beliefs, practices, and operational silos that have prevented each of the entities from being able to tackle the increasing demands placed on them as a result of the opiate epidemic. In addition, this workshop will provide information and guidance on establishing front-end and back-end entry points into the treatment system led by law enforcement with the support of behavioral health providers and managed care organizations to ensure increased ease of access into needed treatment services for those battling an addiction. (R1, R1)
June 11, 2018 Breakout Sessions
3:30 PM - 5:00 PM

C5. Funding Innovative Pilot Programs: What Worked and What Didn’t
Scott S. Osiecki, CEO, ADAMHS Board of Cuyahoga County
Thom Olmstead, Director, Office of External Affairs, St. Vincent Charity Medical Center
Derrick Kirklen, M. Ed., LPC, Adult Behavioral Health Specialist I, ADAMHS Board of Cuyahoga County
Michael K. Doud, MSSA, Adult Behavioral Health Services Administrator, ADAMHS Board of Cuyahoga County
The ADAMHS Board of Cuyahoga County provided funding for several innovative pilot programs from test strips for fentanyl and ambulatory detox to quick response teams for overdose survivors and an Uber Transportation Program. Learn more about which programs had the most success to see if you can implement them in your area. (R1, R1)

C6. Inside the Drug Court: Results from Clinton County’s Program Evaluation
Sonya Goshe, PhD, JD, Assistant Professor of Criminal Justice at Wilmington College
Michael D. Newman, MD, Medical Coordinator, Clinton County Common Pleas Court
Brooke Williams, Senior majoring in Criminal Justice and Psychology at Wilmington College, Research Intern
Clarissa Smith, Junior majoring in Psychology with training in data analysis at Wilmington College, Research Intern
Drug Courts can help reduce reliance on incarceration and provide meaningful pathways to recovery. This presentation will examine data from the Clinton County Drug Court’s program evaluation. Based on quantitative analysis of approximately 50 variables, we will discuss the central findings from the study, and how the data is guiding program management and improvement. We will also discuss the research process, the limitations of the data, and the need for continuous evaluation. (R1, R1)

C7. Substance Use Prevention in Ohio: Programs, Policies, and Funding to Target Addiction Before It Starts
Brie Lusheck, Policy Associate, The Center for Community Solutions
Amy Macechko, Health and Wellness Coordinator, Talawanda School District
Sarah Moore, Director, Start Talking!
Lori Criss, CEO, The Ohio Council of Behavioral Health and Family Services Providers
Ohio has been referred to as “Ground Zero” for the opioid and drug addiction crisis that continues to take a deadly toll on communities across the nation. Over 4,000 Ohioans died of an unintentional drug overdose in 2016. Drug overdoses are the leading cause of death for Americans under the age of 50, and Ohio has the second highest rate of overdose deaths of any state in the nation. And while opioid overdoses receive the most attention, overdose deaths involving other drugs, including alcohol and cocaine, are also increasing. Ohio’s overdose death rate has risen even more sharply than the rest of the country in recent years. To combat this trend, more work needs to be done to prevent addiction from happening in the first place. It is vital that investments of time and resources align with strategies that will reduce the burden of drug addiction on individuals, families, and communities by addressing the root of the problem. This panel discussion brings experts from across the state together to discuss what is being done to combat the state’s growing opiate crisis. (R1, R1)

C8. Promise to Hope: Serving Women who are Opiate Addicted and Pregnant
Jodi Long, LISW-S, LICDC-CS, Director of Treatment and Supportive Services, Montgomery County ADAMHS Board
Trish McVey, BSN, C-EFM, Care Manager, Promise to Hope, Miami Valley Hospital
Dr. Chris Croom, Maternal and Fetal Medicine Obstetrician-Gynecologist, Medical Director, Promise to Hope, Miami Valley Hospital
Sarah Zinn, MSW, LISW-S, Social Service Care Manager, Promise to Hope, Miami Valley Hospital
This workshop will provide an overview of how an OB/GYN office, hospital, and ADAMHS board have partnered to ensure the availability of a continuum of services for women who are opiate addicted and pregnant. In this workshop, you will learn how this program was developed from inception over two years ago to its current project of a specialized recovery house. (R1, R1)

C9. Neuropsychological Understanding of Complex Trauma and Opiate Addiction
Dr. Franklin (Jody) Hurt, PhD, Licensed Psychologist, Clinical Director—CompDrug Inc.
This presentation will examine how trauma and neglect during the developmental years has an adverse impact on the neurological architecture of the brain and evolving mind. This attachment related neurological impairment impedes the development of a healthy, cohesive sense of self, and the development of critical reflective functioning and emotional regulation skills. A fragmented sense of self and deficits in emotional regulation skills result in a significant increase in the probability of becoming opiate dependent. In addition, this presentation will examine why the abuse of opiates/opioids is the most “effective” strategy to alleviate the chronic, and at times extreme emotional dysregulation suffered by survivors of complex trauma. Finally, a revised way of understanding and treating the psychological addiction to opiates will be presented. (C1, R1)
Admiral James A. “Sandy” Winnefeld, Jr., U.S. Navy (Retired), graduated from Georgia Tech with a degree in Aerospace Engineering and served for 37 years in the United States Navy. He flew the F-14 Tomcat, instructed at the Navy Fighter Weapons School, also known as Topgun, and served as senior aide-de-camp to General Colin L. Powell. He subsequently commanded a fighter squadron, the amphibious ship USS CLEVELAND, the aircraft carrier USS ENTERPRISE, and the THEODORE ROOSEVELT Carrier Strike Group. As a flag officer, he commanded NATO Joint Command Lisbon, Striking and Support Forces NATO, the United States SIXTH Fleet, United States NORTHERN Command, and the North American Aerospace Defense Command, also known as NORAD. He retired in 2015 after serving four years as the ninth Vice Chairman of the Joint Chiefs of Staff and the United States’ number two ranking military officer. Admiral Winnefeld and his wife, Mary, are Co-Chairs of S.A.F.E. Project US (Stop the Addiction Fatality Epidemic), a national nonprofit committed to contributing in a tangible way to overcoming the epidemic of opioid addiction in the United States.

José Díaz Briseño is the Washington correspondent for Reforma, a title he held previously between 2005 and 2012. Between 2013 and 2015, Mr. Díaz Briseño was the Washington correspondent for MundoFOX, a U.S. Spanish TV network. His reporting covers US-Mexico affairs like: immigration, drugs, trade, border security, etc. Before arriving in Washington, Mr. Díaz Briseño was based in Tucson, Arizona where he covered border affairs for El Imparcial, a regional daily in northwestern Mexico. He holds a master’s degree from Columbia University's Graduate School of Journalism and was a recipient of a Fulbright Scholarship. Mr. Díaz Briseño started his journalism career as a news researcher for The Los Angeles Times Mexico City bureau. He studied International Relations at El Colegio de México and has done courses on US studies at the University of California-San Diego. Mr. Díaz Briseño was born and raised in Mexico City.

Debra Goldschmidt is the Supervising Editor of the CNN Health Unit. She oversees health-related coverage across all CNN platforms and networks. During her career Debra has held many positions including assignment editor, a general assignment, documentary, and medical producer, and segment producer. While she has spent most of her career at CNN, she has also worked at NBC and CBS News Productions. Her print stories have appeared in The Wall Street Journal, Time, Newsweek, the New York Daily News, and CNN.com. Debra has a BA in Communications and Jewish Studies from Tulane University and a master's degree from the Columbia University Graduate School of Journalism where she took classes at the Mailman School of Public Health. She was a volunteer EMT in New York City for the Central Park Medical Unit and served as a CDC Knight Journalism public health fellow.

Shane Hoover is an Ohio native who has been a journalist for nearly two decades. He has worked at The Canton Repository for 15 years and is the paper’s lead reporter on the opioid crisis. He also has covered criminal justice, mental health, children's services, fracking and pipelines. His stories appear in The Repository, on CantonRep.com and in other publications around the state, including the Columbus Dispatch, Akron Beacon Journal, and Cleveland Plain Dealer.

Jerry Revish delivers the nightly news to Columbus viewers as anchor of the 5, 6, and 11 pm editions of 10TV News. He has been an award-winning reporter for WBNS-TV since June 1980. He began his broadcasting career in his hometown of Youngstown, Ohio in 1972 at WBBW Radio. Jerry's reporting skills have taken him around the world. He was the first Columbus TV reporter to go to Saudi Arabia to cover the Persian Gulf War. Jerry has also reported from Haiti, Barbados, South Africa, Bosnia, Bahrain, Japan, and Cuba. Jerry is the founder of a high school journalism workshop for minority students in Columbus and an inductee into the Ohio Broadcasters Hall of Fame.
Ohio’s 2018 Opiate Conference
Strengthening Ohio’s Communities

June 12th
Agenda

07:00 AM – 09:00 AM
Registration
Second Floor Lobby

09:00 AM – 09:20 AM
Welcome & President’s Remarks (R1, R1)
Cheri L. Walter, CEO, OACBHA
Elaine Georgas President, OACBHA
Regency Ballroom

09:20 AM – 09:40 AM
Recovery Stories (R1, R1)
Individuals in Recovery

09:40 AM – 10:30 AM
S.A.F.E. Project US (Stop the Addiction Fatality Epidemic) (R1, R1)
Admiral James A. "Sandy" Winnefeld, Jr., Co-Chair, S.A.F.E. Project US

10:30 AM – 10:45 AM
Break (Visit Exhibitors)
2nd and 3rd Floors

10:45 AM – 11:45 AM
Breakout Sessions #D1-D9
County Rooms

11:45 AM – 01:15 PM
Luncheon
Individual in Recovery
Media Panel: Reporting on the Opioid Crisis (R1, R1)
Moderated by: Jerry Revish, 10TV
Jose Díaz Briseño, Reforma
Debra Goldschmidt, CNN
Shane Hoover, The Canton Repository
Regency Ballroom

01:15 PM – 02:45 PM
Breakout Sessions #E1-E9
County Rooms

02:45 PM – 03:00 PM
Break (Visit Exhibitors)
2nd and 3rd Floors

03:00 PM – 04:30 PM
Breakout Sessions #F1-F10
County Rooms
D1. Empowering Faith-Based Capacity  
**Location:** Fairfield  
**Pastor Greg Delaney, Outreach Coordinator/Hope Director, Woodhaven/Reach for Tomorrow Ohio; Board Member of OCARR; Faith Partner to Attorney General DeWine’s Outreach Team; Person in Long Term Recovery  
**Stacy Yeager, M.Ed, MLS (ASCP), Greater Good Ambassador**  
This workshop will educate attendees as to the importance of faith communities when considering community solutions to address the current opioid, pending meth, and correlating human trafficking issues. Attendees will be introduced to proven faith-based solutions and given access to subject matter experts, methodologies, and ideas for implementation. The workshop will highlight current initiatives that are underway in other parts of the state and country that are available for replication or gleaning. Lastly, attendees will be given insight as to how to initiate the development of faith coalition efforts under the guidance of Prevention Action Alliance and the Ohio Center for Coalition Excellence, as well as from the Addiction Policy Forum, both of which are partners in the statewide faith effort. (R1, R1)

D2. People, Places, and Things: Making a Difference in the Opioid Epidemic  
**Location:** Delaware A/B  
**Greg McNeil, Founder and Director, Cover2 Resources Inc.**  
This session covers what we learned in the first 200 episodes of the Cover2 PPT Podcast Series, a podcast about People, Places, and Things that are making a difference in the opioid epidemic. The podcast topics discussed include: fentanyl test strips; an opioid court in Buffalo, NY; patient brokering and other deceptive practices; and why Ohio has not declared the opioid epidemic a state of emergency. Additionally, we will share the backstories from our 5-part podcast series on the Showtime docu-series “The TRADE”. (R1, R1)

D3. How to Implement and Increase MAT for Opioid Use Disorders  
**Location:** Franklin A/B  
**Todd Molfenter, PhD, Director, Great Lakes ATTC and NIATx**  
Fourteen Alcohol, Drug Addiction, and Mental Health (ADAMH) Boards collaborated with 40 treatment agencies to dramatically increase use of medication-assisted treatment (MAT) for opioid use disorder (OUD) over a two-year period. This workshop will describe beneficial aspects of the collaboration and how treatment agencies improved MAT rates by providing education to staff and prescribers; making workflow enhancements; facilitating clinician’s decision to begin and continue prescribing OUD MATs; and building a business case for OUD MAT. The presentation will focus primarily on use of buprenorphine and injectable naltrexone but will also address methadone use. (R1, R1)

D4. Lessons Learned During the First Year of Quick Response Team Implementation—Summit County  
**Location:** Union A/B  
**Kimberly Patton, LISW-S, LICDC, Addiction, Prevention, and Training Coordinator, County of Summit ADM Board**  
The Quick Response Team (QRT) consists of a medic, law enforcement officer, and a counselor or peer recovery supporter. The County of Summit ADM Board has partnered with a few of our local behavioral health provider agencies to provide counselors/peer recovery supporters as part of the teams throughout the county. To date, there are ten communities who are implementing QRTs within Summit County, as well as several others exploring the possibility. Within the first year of implementation, the teams have overcome barriers, collaborated, and explored new interventions as part of QRT. We will share with you the personal experiences, successes, and challenges of this new multidisciplinary approach and the impact it has had on our country and those affected by the opiate epidemic. (R1, R1)

D5. Federal Funding Update: US Senator Rob Portman’s Office and SAMHSA  
**Location:** Franklin C/D  
**Jason Knox, Grant Coordinator, US Senator Rob Portman’s Office**  
**Jeffrey A. Coady, Psy. D. CAPT, U.S. Public Health Service, Regional Administrator (Region V), Substance Abuse and Mental Health Services Administration (SAMHSA)**  
**Doug O’Brien, Regional Director, Region V, U.S. Department of Health and Human Services**  
This presentation will be an in-depth overview of federal funding opportunities available through the Substance Abuse and Mental Health Services Administration. We are in year two of funding opportunities that have been made available through the Comprehensive Addiction and Recovery Act (CARA). We will be discussing current, future, and past funding opportunities so that various ADAMH Boards and other community agencies can identify which grants to apply for and how to be competitive in their applications. (R1, R1)
June 12, 2018 Breakout Sessions
10:45 AM - 11:45 AM

D6. OPERATION RESOLVE—A Partnership with the Business Community
Kimberly Fraser, MA, LPCC, Executive Director, Lake County ADAMHS Board
Jessie Baginski, CEO, Leadership Lake County
Each year, American employers lose upwards for $80 billion dollars due to drug abuse and addiction—costs related to productivity, absenteeism, accidents, and healthcare. However, business owners are often reluctant to open their doors to behavioral health professionals. By partnering with our local leadership organization, Leadership Lake County, the Lake County ADAMHS Board is making that vital connection between those working in our community and the prevention, treatment, and recovery services available to our residents. (P4, R1)

D7. It Takes a Team to Care for One
Kent Youngman, EdD, LPCC-S, CEO, Rocking Horse Community Health Center
Yamini Teegala, MD, MPH, Chief Medical Officer, Rocking Horse Community Health Center
The presentation will focus on a recovery story using a team approach in a primary care setting at a Federally Qualified Health Center (FQHC). During this session we will discuss screening for substance abuse in a primary care setting, social determinants associated with the disease of addiction, physical and mental health diagnoses that complicate addiction problems, team efforts that are necessary to make recovery happen and sustain recovery, barriers to successful recovery and how to combat those, and the future of our program. (C1, R1)

D8. Ohio START: Working with Families Affected by SUD
Fawn Gadel, JD, Director of Ohio START, Public Children Services Association of Ohio
This workshop will explore the Ohio Sobriety, Treatment, and Reducing Trauma (START) pilot project currently taking place in southern Ohio. Ohio START provides intensive wrap around services to families with the co-occurrence of SUD and child maltreatment by having child welfare agencies partner with their local behavioral health entities and juvenile courts. The workshop will discuss the effect of the opioid epidemic on children and Ohio's child welfare system and the need for this pilot program. We will also discuss how this program addresses both SUD and trauma and works to heal the family unit. Finally, we will discuss how participants can assist with START programs currently underway in their community or implement similar programs within communities that do not currently have a START program. (C1, R1)

D9. Aging Ohioans: Prevention Strategies, Interventions, and Opportunities for Ohio's Opiate Epidemic
Bev Laubert, Director, Ohio Department of Aging
Emilia Jackson, Caregiver Support Manager, Ohio Department of Aging
While Ohio’s overall population is projected to increase by just 2% between 2015 and 2020, the 65+ population is projected to grow by 40% and the 85+ population is projected to grow by 46%. An aging population comes with many opportunities, particularly for innovation in ways that we support their health, wellness, and aging in place. The Medicare population has among the highest and fastest-growing rates of diagnosed opioid use disorder, currently at more than six of every 1,000 beneficiaries. Since chronic conditions increase with age, older adults are more likely to have pain and other medical conditions controlled by opioid medications. In this workshop, the Ohio Department of Aging will explain how Ohio’s opioid epidemic is impacting Ohio’s older adult population and the interventions, such as self-management programs, that are available to enable this great population to live health and drug-free. This presentation will also include how older adults can serve as champions in the opioid epidemic. (C7, P2)
June 12, 2018 Breakout Sessions
01:15 PM - 02:45 PM

E1. Ohio ASSIST/ Post Critical Incident Seminars
Location: Union E

Lieutenant Steven M. Click, ICISF Group and Individual certified, CISM peer, Commander of the Ohio State Highway Patrol Member's Assistance Team, Ohio ASSIST program coordinator, Ohio Basic Police Officer Council certified instructor, Lieutenant, Ohio State Highway Patrol, Office Personnel, Ohio ASSIST Program

ASSIST stands for Aiding Safety Services with Incident Survival Techniques. The ASSIST program was created to address the long-term needs of safety personnel who have been exposed to critical incidents in their professional and personal lives. ASSIST has partnered with a number of other states in providing three day Post Critical Incident Seminars, or PCIS. These seminars allow first responders and their support systems the chance to talk through their incident, the effects it had on them and their families, and provide techniques and strategies for moving forward in a healthy and safe way. Ohio ASSIST provides training for first responders and agencies across Ohio in the areas of crisis awareness and executive level response to critical incidents. ASSIST has been honored to be part of conversations across the state in the area of mental health for first responders. ASSIST has created an advisory board to ensure they are addressing the needs to all public safety personnel, sworn and civilian. (R1, P2)

E2. Multi-Jurisdictional Drug Court (Seneca County PIVOT)
Location: Fairfield

Steve Shuff, Judge, Seneca County Common Pleas Court
Mircea Handru, Executive Director, MHRS Board of Seneca, Sandusky, and Wyandot Counties
Jason Varney, VP of Correctional Program—North Central Ohio, Oriana House, Inc.

PIVOT is the first multi-jurisdictional drug court in Ohio between Common Pleas and Municipal Court judges. Seneca County leaders (judges, Board, provider) will share information on how this was created, how it operates, and the importance of collaboration across different systems. The group will share successes of the Seneca County Opiate Task Force and future planning to combat the opiate epidemic. (R1, R1)

E3. Recovery Management and the Opiate Epidemic:
A Paradigm Whose Time Has Come
Location: Delaware C/D

Ric Kruszynski, LISE-S, LICDC-CS, Director of Substance Abuse and Mental Health Consultation and Training, Center for Evidence Based Practices at Case Western Reserve University

Recovery Management (RM) is a philosophical framework for organizing addiction treatment services to provide pre-recovery identification and engagement, recovery initiation and stabilization, long-term recovery maintenance, and quality of life enhancement for individuals and families affected by severe substance use disorders. Recovery-Oriented Systems of Care, such as the RM model developed by William White, have begun to shape the future of addiction treatment programming. Acute Care (AC) models of treatment are not the best frameworks for treating severe and persistent opiate and other substance abuse problems. This workshop will explore the core principles of the RM model and will look to advance the discussion about how treatment services can be made more relevant and effective for individuals with severe and persistent opiate and other substance abuse treatment needs. (C1, R1)

E4. Visiting Nurse Association of Ohio Ambulatory Withdrawal Management Program
Location: Union D

Thomas Huggins, RNC, Program Nurse, The Visiting Nurse Association of Ohio
Moira Dugan, Social Worker, Program Counselor, The Visiting Nurse Association of Ohio

The Visiting Nurse Association’s Ambulatory Withdrawal Management Program was developed to combat the increasing number of opioid related overdose deaths in Cuyahoga County. Specifically, the program attempts to provide temporary treatment to clients who have recently completed detox and are now in a residential treatment program that historically has not provided medication. The goal is to provide relief from the ongoing post-acute withdrawal symptoms by prescribing medications from a very limited formulary. In addition, and as important as the medication, is the availability of brief counseling and the frequency and intensity is determined by the individual client. Both the counseling and the medication are provided at the request of the residential treatment facility and are intended to be collaborative and done after consultation with faculty staff. Community resistance to new programming will also be discussed. This program is funded through a grant from the ADAMHS Board of Cuyahoga County and the CURES Program. (C2, R1)
June 12, 2018 Breakout Sessions
01:15 PM - 02:45 PM

E5. Mental Illness and the Addictive Brain
Chris Tuell, EdD, LPCC-S, LICDC-CS, Clinical Director of Addiction Services, Lindner Center of HOPE
Nearly 80% of individuals with a substance-use disorder have a co-occurring psychiatric disorder. This presentation will address the growing body of knowledge of this relationship and the role that mental illness and addiction have with one another. The session will discuss the CUBIS Model of Addiction and examine the complex relationship of co-occurring disorders, and the role that the addictive brain has in this process. A treatment template will be discussed to address these co-occurring disorders, as well as case studies to assist the attendee in his or her understanding of mental illness and the role of the addictive brain. (C1, R1)

E6. Recovery Panel
Anthony Taylor, LCDC III, Program Director, Private Contractor
Lavin Schwan, Executive Assistant to CEO and CFO, The Bellevue Hospital
Tom Schwan, Owner and Operator, Bone Boys BBQ
Join three Ohio residents as they share their personal stories of recovery. Participants will hear a story of addiction and recovery highlighting the supports they utilize to maintain and sustain their recovery, along with a story of loss, education, and advocacy. (C1, R1)

E7. A Local Response to Addiction
Amy O'Grady, JD, RA, Prevention, Chief of Addiction Policy, Columbus City Attorney
Gina Space, BA, Deputy Chief of Addiction Policy, Columbus City Attorney
Alexis Pannell, BA, Policy Coordinator, Columbus City Attorney
Interested in how Franklin County is responding to addiction? Learn how we are leveraging partnerships with government entities, corporate partners, and community organizations, addressing barriers to recovery, changing perspectives on how and why a person struggling with addiction or mental illness is more likely to be a victim of crime, and what to do to help prevent victimization. Our response has been encapsulated in the Franklin County Opiate Action Plan, which serves as our guide to fight addiction in Franklin County. (R1, R1)

E8. Preparing for the Carve In of Behavioral Health Services to Medicaid Managed Care
Tracey Izzard, LPCC, LICDC, LSW, ED of Behavioral Health for Ohio, Optum Behavioral Health Solutions/ UnitedHealthcare
Emily Higgins, Director of Behavioral Health, Molina Healthcare
Terry Jones, MSW, LSW-S, Director of Behavioral Health, CareSource
Tricia Blackburn, RN, Supervisor, Behavioral Health and Addiction in Pregnancy Program, Buckeye Community Health Plan
Dr. Hy Kisin, PhD, Clinical Director for Behavioral Health, Paramount Health Care
Afet Kilinc, PhD, PCC-S, Director, Behavioral Health, Aetna Better Health of Ohio
The Medicaid Managed Care Plans have been working for the last three years to identify resources and build relationships as community Medicaid behavioral health providers get more involved in managed care. Please join us for a session in which we summarize lessons learned through our collaborative work with providers and stakeholders and talk about the value of managed care for Medicaid consumers. Topics covered in this session will include: tips for contracting and credentialing; tips for claims processing; the prior authorization process; care management programs; opiate strategies. (R1, R1)

E9. Supporting Professionals in Recovery
Sharli Dempsey, RN, CDCA, Court Liaison, Mended Reed Services
Kristina Camden, MA, LPCC-S, Clinical Director for Residential Programs, Mended Reed Services
David Talor Sanders, MEd, LPCC-S, Assistant Clinical Director for Residential Programs, Mended Reed Services
A growing number of professionals identify as being in recovery. This includes professionals that develop a substance use disorder as well as individuals in recovery who have established professional careers. There is often a lack of awareness and support available to this population due to potential ethical considerations, concerns for privacy, and multiple other factors. This presentation will explore barriers to traditional community supports for professionals in recovery and associated ethical and legal considerations, particularly for those in the maintenance phase of recovery. Participants will hear from the perspective of a professional in recovery, a professional with a spouse in recovery, and a supervisor of several professionals in recovery. Strategies to support this growing population will be identified for individuals, supervisors, employers, and communities. (R1, R1)
F1. Identifying and Working with Survivors of Trauma  
Joy Omslaer, LISW-S, M.Div., Neurologic Social Worker, Outpatient Rehabilitation, OSU Wexner Medical Center  
Tim Schilling, MSW, LSW, LICDC, Executive Director, Wings Support and Recovery  
Because the vast majority of people struggling with addictions are attempting to cope with past and present trauma, it is imperative that any approach towards recovery from substances be based in Trauma Informed Care. In this workshop we will address treatment strategies that the clinician can employ when a client discloses traumatic events, how to best assess the client so that the right resources can be put into place, when the clinician might consider referring to another clinician with more experience or skills and how the clinician can take care of themselves when listening frequently to the traumatic events of other people’s lives. (R1, R1)

F2. The Brain Science of Addiction: How to Talk about Substance Use Disorders in the Carpool Line  
Jessica Hulsey Nickel, President and CEO, Addiction Policy Forum  
In this session, attendees will discover where to download an actionable toolkit explaining the neuroscience of addiction in layman's terms, learn about the disease model and why substance use disorders (SUDs) must be addressed as a medical condition, and review the continuum of care in addiction treatment. (R1, R1)

F3. Opiate Recovery Transition Program  
Christine Lakomiak, BA, MS, Director of Quality and Clinical Operations, Lake County ADAMHS Board  
Daniel Rowles, MSW, Behavioral Health Liaison, Signature Health  
This program focuses on individuals with severe opiate use disorder who have either failed at traditional outpatient treatment or who have not engaged in ongoing treatment. Recognizing that no single course of treatment is effective in isolation, this program works to provide a continuum of care in a coordinated and seamless manner. Individuals enter through local emergency departments, and upon being "screened into the program" transition into 7-10 days of withdrawal management, followed by medication assisted treatment utilizing Vivitrol and transition to a residential or outpatient level of care. Throughout the process a liaison follows and coordinates care to ensure the highest opportunity for success. (C8, P4)

F4. Ready, Set, SIMPLE! Top 10 Low Cost, Best Practice Strategies to Prevent Rx Medication Misuse  
Andrea Hoff, MPA, GPC, OCPC, ICPS, Director of Prevention and Early Intervention, Montgomery County ADAMHS  
This session will highlight 10 easy-to-use prevention strategies so that participants can leave the session with a variety of ideas to reach a diverse audience. Strategies that will be discussed include: a faith-based toolkit, Generation Rx, Alternatives to Opioids Campaign, in addition to other helpful prevention strategies. (C7, P2)

F5. Reaching Peers Where They Are—Emerging Trends  
Jody Morgan, CHHC, PS-MH, Implementation Manager, Ascent  
Andrew J. Davis, MSEd, LPCC-S, Clinical supervisor, Catholic Charities Community Services of Summit County  
Many are working to bridge the gaps in behavioral health recovery while being diverse and inclusive. Peer coaches work to provide programming in a holistic way that promotes recovery. This workshop will demonstrate ways that staff can provide recovery services through technology, wellness, and arts programs. We know that peers are connected in a variety of ways, however not all peers are culturally sensitive to what other peers' needs are. This workshop will establish ways to encourage and engage peer recovery coaches to be diversified in programming as well as culturally sensitive through role-playing and a discussion on the do's and don’ts of working with various demographics. We will also discuss how different recovery programming will provide education on where peers are at and can assist in fulfilling what their needs may be in recovery. (R1, R1)
F6. Mindfulness in Recovery

Jessica Starr, LPC, Somatic Therapist and Mindfulness Teacher, Wellness Now Group, LLC

Mindfulness has been a buzz word for the past several years and continues to be touted as an evidence-based intervention for everything from stress reduction to chronic pain to depression. In addition to having a proven impact on mental and physical health, research supports the effectiveness of mindfulness to support recovery by managing and reducing cravings as well as positively reshaping the brain over time. Attendees of this workshop will gain a basic understanding of mindfulness, explore and define the key terms used in mindfulness practices, and learn about both the possible benefits and limitations. We will address how to tailor mindfulness practice specifically for recovery. Participants will also have the opportunity to complete both formal and informal mindfulness practices. (R1, R1)

F7. Evaluation and Discussion of Emergency Department-Initiated Buprenorphine/Naloxone Treatment for Opioid Dependence

Dennis Mann, PhD, MD, Director of Toxicology, Assistant Professor, Department of Emergency Medicine, Wright State Boonshoft School of Medicine

This session will discuss recent literature describing the potential for emergency department screening for opiate use disorder and initiation of suboxone therapy directly from the emergency department. The discussion will cover the pros and cons of this treatment option, as well as potential barriers to the introduction of such a program in local emergency departments. (C4, R1)

F8. Resources for Communities from the Ohio Department of Health Violence & Injury Prevention Program

Hilary Requejo, Special Projects Coordinator, Ohio Department of Health
Kathleen Koechlin, Program Evaluator, Ohio Department of Health
Kara Manchester, Program Data Manager, Ohio Department of Health

This session will provide information and helpful resources for local communities to: identify local overdose trends utilizing an overdose fatality review; view local overdose mortality data utilizing the Ohio Mortality Data Warehouse and; raise awareness of overdose utilizing the Take Charge Ohio social marketing campaign resources. (R1, R1)

F9. A Quality Improvement Approach to Reduce Opioids Prescribed at a Pediatric Institution and Improve Opioid Safety Education to Patients and Families

Sonya Sebastian, PharmD, BCPS, Pharmacy Clinical Coordinator, Department of Pharmacy, Nationwide Children's Hospital
Sharon Wrona, DNP, RN-BC, PNP, PMHS, AP-PMN, Director of Comprehensive Pain and Palliative Care Services, Nationwide Children's Hospital

The opioid epidemic is widespread, affecting communities large and small across the United States. This epidemic is not limited to adults, as research shows adolescents are especially vulnerable. Appropriate pain control is an important decision that providers face daily when taking care of patients and some pain does require the use of opioids for adequate relief. However, it is imperative that organizations improve patient safety and prevent harm by evaluating the opioid prescribing to limit the amount of excess opioids available for misuse. Providing education on safe monitoring, securing, transitioning, and disposal of opioids are also needed so that when these medications are prescribed, the potential for misuse is decreased. The Opioid Safety Task Force at Nationwide Children's Hospital has set forth quality improvement initiatives that have decreased the amount of opioids prescribed as well as increased education on opioid safety to our patients and families. It is our hope that pediatric organizations across the country can implement these processes at their own institutions to keep their patients, families, and communities safe. (R1, P6)

F10. Mental Illness and the Addictive Brain (Repeat of Session E5)

Chris Tuell, EdD, LPCC-S, LICDC-CS, Clinical Director of Addiction Services, Lindner Center of HOPE

Nearly 80% of individuals with a substance-use disorder have a co-occurring psychiatric disorder. This presentation will address the growing body of knowledge of this relationship and the role that mental illness and addiction have with one another. The session will discuss the CUBIS Model of Addiction and examine the complex relationship of co-occurring disorders, and the role that the addictive brain has in this process. A treatment template will be discussed to address these co-occurring disorders, as well as case studies to assist the attendee in his or her understanding of mental illness and the role of the addictive brain. (C1, R1)
**Event Locations**

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**June 11, 2018**

- **9:30 - 11:00** Morning General Session
- **11:00 - 11:15** Break *(visit exhibitors)*
- **11:15 - 12:15** Morning Breakout Sessions (A1-A9)
- **12:15 - 1:45** Lunch
- **1:45 - 3:15** Breakout Sessions (B1-B9)
- **3:15 - 3:30** Break *(visit exhibitors)*
- **3:30 - 5:00** Breakout Sessions (C1-C9)

**June 12, 2018**

- **9:00 - 10:30** Morning General Session
- **10:30 - 10:45** Break *(visit exhibitors)*
- **10:45 - 11:45** Morning Breakout Sessions (D1-D9)
- **11:45 - 1:15** Lunch
- **1:15 - 2:45** Breakout Sessions (E1-E9)
- **2:45 - 3:00** Break *(visit exhibitors)*
- **3:00 - 4:30** Breakout Sessions (F1-F10)