The Survivor Companion Program gives you an opportunity to meet with a volunteer who has a similar lived experience as you.

These meetings are in public - often times over coffee. The initial meeting is 60-90 minutes. Each volunteer has been interviewed, trained and has the lived experience of losing a loved one or close friend to suicide.

While meeting with a survivor of suicide loss is not intended to take the place of professional mental health assistance, many survivors have found having a peer(s) to speak with is very helpful. Suicide grief can be very unique and different from other types of losses. Often times suicide survivors feel isolated - like no one understands their grief. Connecting with someone who has a similar lived experience can be encouraging and provide a sense of “normalcy” in a very difficult, uncomfortable grief journey.

For more information, call us at 614.530.8064 or email us at franklincountylosssteam@gmail.com
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