SANDUSKY ARTISANS RECOVERY
COMMUNITY CENTER
SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER

• SARCC is a 501(c)3 located in historic downtown Sandusky at 138 E. Market St.

• SARCC was established 1996

• SARCC is primarily funded through Erie & Ottawa County’s Mental Health Recovery Board

• SARCC is a Peer Supported, Peer Driven, Grass Roots Recovery Community Organization & Consumer Operated Service
ROSC = RECOVERY

SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER BELIEVES IN ROSC
ARTISANS + ROSC = RECOVERY

24/7/365
RECOVERY-ORIENTED SYSTEM OF CARE

- Network of formal and informal services
- “Clients” (people in recovery) drive decisions about services and support needs.
- Provides an array of services and supports available when and where needed.
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

MIND your health!
Mental Health and Recovery Board of Erie & Ottawa Counties

FIRELANDS Regional Medical Center
Counseling & Recovery Services

Sandusky Register

ERIE COUNTY COMMUNITY HEALTH CENTER
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

AT THE GOVERNOR’S RESIDENCE
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

AT THE OHIO SENATE
U.S. REP. PATRICK KENNEDY SUPPORTS SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER
OHIO SENATOR RANDY GARDNER SUPPORTS SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

ERIE COUNTY SHERIFFS DEPARTMENT
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

ARTISANS & LAW ENFORCEMENT
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

SANDUSKY ARTISANS RESOURCE FAIR
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

SANDUSKY ARTISANS “SOBER TRUTH” PRESENTATION
EHOVE’S SENIOR SUCCESS DAY
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

FRESH A.I.R. (ARTIST IN RECOVERY) GALLERY
10TH ANNIVERSARY COLUMBUS, OHIO
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

SPIRITUAL SOLACE
RECOVERY SUPPORTS & ROSC PARTNERSHIPS
RECOVERY SUPPORTS & ROSC PARTNERSHIPS

JOBS & FAMILY SERVICES AIDING CHILDREN’S EXCELLENCE AWARD
SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER
IS PEER DRIVEN
PEER SUPPORTED
GRASS ROOTS ORGANIZATION
PEER SUPPORTED-PEER DRIVEN & ROSC MOTIVATED

WE ARE NOT A GLUM LOT AT SANDUSKY ARTISAN’S CAMP RECOVERY
PEER SUPPORTED-PEER DRIVEN
& ROSC MOTIVATED

ROSC IS A TEAM EFFORT
PEER SUPPORTED-PEER DRIVEN & ROSC MOTIVATED

FUN FOOD FELLOWSHIP = ROSC
PEER SUPPORTED-PEER DRIVEN & ROSC MOTIVATED

DANCE TO THE BEAT OF RECOVERY WITH ROSC
PEER SUPPORTED-PEER DRIVEN & ROSC MOTIVATED

MESSAGE OF RECOVERY AT THE ARTISANS SINCE 1996
PEER SUPPORTED - PEER DRIVEN & ROSC MOTIVATED

HAPPY JOYOUS & FREE RECOVERY AT THE ARTISANS
PEER SUPPORTED-PEER DRIVEN & ROSC MOTIVATED

FUN FOOD FELLOWSHIP AT ARTISANS
CHRISTMAS AT THE ARTISANS
SANTA AND HIS ARTISANS HELPERS
FIVE ESSENTIALS & ROSC

HOPE

HEALTH

COMMUNITY

PURPOSE

HOME
RECOVERY DEFINITION

• A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.
Hope, the belief that these challenges and conditions can be overcome, is the foundation of recovery. A person’s recovery is built on his or her strengths, talents, coping abilities, resources, and inherent values. It is holistic, addresses the whole person and their community, and is supported by peers, friends, and family members.
Overcoming or managing one’s disease or symptoms—for example, abstaining from use of alcohol, illicit drugs, and non-prescribed medications if one has an addiction problem—and, for everyone in recovery, making informed, healthy choices that support physical and emotional well-being.

HEALTH = ROSC
Having a stable and safe place to live
Conducting meaningful daily activities, such as a job, school volunteerism, family caretaking, or creative endeavors, and the independence, income, and resources to participate in society or becoming an

RECOVERY PEER SUPPORTER
Having relationships and social networks that provide support, friendship, love, and hope.
Addiction is defined as a CHRONIC, relapsing brain disease that is characterized by compulsive drug seeking and use, despite harmful consequences. It is considered a brain disease because drugs change the brain; they change its structure and how it works. These brain changes can be long lasting and can lead to many harmful, often self-destructive behaviors. NIDA
ADDICTION = DISEASE

IS ADDICTION A DISEASE?

AMERICAN MEDICAL ASSOCIATION

DISEASE = SYMPTOMS + TREATABLE
ADDICTION=DISEASE

ADDICTIONS SYMPTOMS ARE:

- PHYSICAL
- MENTAL
- SOCIAL
- FINANCIAL
- LEGAL
- SPIRITUAL
STAGES OF ADDICTION

STAGES: a point, period, or step in a process or development

1) EXPERIMENTATION
2) RECREATIONAL
3) ABUSE
4) DEPENDENCY
HIJACKED
CRAVINGS
CONTROL
CONSEQUENCES
STAGES OF RECOVERY

1) TREATMENT
2) ABSTINENCE
3) MAINTENANCE
4) ASPIRATIONAL
WHAT RECOVERY MEANS
WHAT RECOVERY MEANS
WHAT RECOVERY MEANS
WHAT RECOVERY MEANS
SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER IS ADVOCACY

OHIO RECOVERY ADVOCACY AWARD
ROSC + ADVOCACY = RECOVERY

STATE CAPITOL STEPS NOTHING ABOUT US WITHOUT US
ROSC + ADVOCACY = RECOVERY

SANDUSKY ARTISANS IS LOUD & PROUD FOR RECOVERY
ROSC + ADVOCACY = RECOVERY

WASHINGTON D.C. UNITE TO FACE ADDICTION RALLY
ROSC + ADVOCACY = RECOVERY

WASHINGTON D.C. UNITE TO FACE ADDICTION RALLY
ROSC + ADVOCACY = RECOVERY

ARTISANS PRESENT AT 6th ANNUAL OPIATE CONFERENCE
ROSC + ADVOCACY = RECOVERY

JOIN THE ARTISANS IN BUSTING STIGMA
ROSC + ADVOCACY = RECOVERY

BUSTING STIGMA DISCRIMINATION PREJUDICE
ROSC + ADVOCACY = RECOVERY

PREVENTION, TREATMENT & RECOVERY
ROSC + ADVOCACY = RECOVERY

RECOVERY MIRACLES AT SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER
ROSC + ADVOCACY = RECOVERY

RECOVERY PRAYERS SOARING TO HEAVEN
ROSC + ADVOCACY = RECOVERY

FOUNDER’S DAY WEEKEND
AKRON, OHIO
ROSC + ADVOCACY = RECOVERY

ARTISANS COMMUNITY OUTREACH
EDUCATION, EMPOWERMENT, ADVOCACY
ROSC + ADVOCACY = RECOVERY

TOWN HALL MEETING
Continue the Conversation...

10-04-2016 @ 7pm
Sandusky Artisans Recovery
Community Center
138 E Market St, Sandusky OH

The movie was just the beginning

Join Sarah Thompson Executive Director of the Ohio Citizens Advocates for Addiction Recovery along with panel members from the GENERATION FOUND movie premier as they come together to continue to spark a YOUTH RECOVERY REVOLUTION and answer questions about RECOVERY HIGH SCHOOLS and more.

Sarah Thompson will address:
How to set up a Recovery High School
What is an APG Alternative Peer Group
Different forms of Recovery High Schools
Recovery High Schools as a non-profit
The Recovery Community in the decision making process
ROSC + ADVOCACY = RECOVERY

JOIN SANDUSKY ARTISANS & ROSC IN THE RECOVERY MOVEMENT
HEALTH & WELLNESS STRATEGIES = ROSC

SANDUSKY ARTISANS ART CLASS STOP IN AND VIEW THE GREAT ARTWORK AT SANDUSKY ARTISANS ART GALLERY
HEALTH & WELLNESS STRATEGIES = ROSC

SANDUSKY ARTISANS ART POWER VISIT OUR ART GALLERY
HEALTH & WELLNESS STRATEGIES = ROSC

YOUNG CREATIVE TALENT AT SANDUSKY ARTISANS ART GALLERY
HEALTH & WELLNESS STRATEGIES = ROSC

SANDUSKY ARTISANS RECOVERY COMMUNITY CENTERS
WHOLE HEALTH ACTION MANAGEMENT PROGRAM
STRESS MANAGEMENT, HEALTHY EATING, PHYSICAL ACTIVITY, RESTFUL SLEEP, SERVICE TO OTHERS, SUPPORT NETWORK, OPTIMISM BASED ON POSITIVE EXPECTATIONS, COGNITIVE SKILLS TO AVOID NEGATIVE THINKING, SPIRITUAL BELIEFS AND PRACTICES, A SENSE OF MEANING AND PURPOSE

WHAM IS A POWERFUL PROGRAM INTENDED TO CONTRIBUTE TO OVERALL WELL-BEING OF THOSE IN RECOVERY FROM MENTAL HEALTH DISORDERS AND SUBSTANCE USE DISORDERS, AS WELL AS THE GENERAL PUBLIC. WHAM ARE PEER SUPPORT MEETINGS IN WHICH INDIVIDUALS ENGAGE IN 8-WEEK WHAM GROUPS TO SUPPORT ONE ANOTHER AS THEY WORK TOWARD, ACHIEVE, AND MAINTAIN WHOLE HEALTH GOALS.
SAVING LIVES ERIE COUNTY/PROJECT DAWN

REVERSE OPIOID OVERDOSES

NALOXONE/NARCAN

DISTRIBUTION & EDUCATION PROGRAM

2nd MONDAY EVERY MONTH 4 to 6pm
SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER
138 E. MARKET ST. SANDUSKY, OHIO

If you have a loved one who is at risk of opioid overdose and would like to participate in this FREE training, please schedule an appointment by calling SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER 419-621-9377 or ERIE COUNTY HEALTH DEPARTMENT 419-626-5623 ext.174 to set up an appointment. Training sessions last 20-30 minutes.

SEE YOU EVERY 2nd MONDAY
4pm to 6pm

Saving Lives Erie County, (Project DAWN) is a program of the Erie County Health Department
WHAT IS “TRAUMA INFORMED”
A program, organization or system that is trauma-informed:
• Realizes the widespread prevalence and impact of trauma
• Understands potential paths for healing
• Recognizes the signs and symptoms of trauma and how trauma affects all people in the organization, including:
  • Consumers/patients
  • Staff
  • Families
  • Others involved with the system
• Responds by fully integrating knowledge about trauma into practices, policies, procedures, and environment.
**ROSC & TRAUMA INFORMED RECOVERY**

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**Sandusky Reads: The Other Wes Moore**

*New York Times Bestseller*

**Bridges Out of Poverty**

Tuesday, October 11, at 6:30 p.m.

Jackie Marshall, Ohio Business College; Bridges to Opportunity of Erie County, presenter

Develop a mental model of poverty, learn about generational poverty and how relationships and “tyranny of the moment” trump all.

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**Kick-Off Event**

Monday, October 10, at 6:00 p.m.

Join us at SANDUSKY LIBRARY as community leaders discuss how their organizations are addressing the issues that Wes Moore faced as a young adult.

Jennifer Ashburn will be the moderator and presenters will be:

- Judge Robert C. Delamatre, Erie County Juvenile Court
- Joey Supina, Executive Director, Sandusky Artisans
- Peter Schade, Health Commissioner, Erie County Health Department
- Jackie Marshall, Bridges to Opportunity of Erie County
- Tory Yarbro, Dream Big Program, Big Brothers and Big Sisters and Sandusky City Schools
- Pastor Scottie L. Aaron, President, Sandusky Interdenominational Ministerial Alliance

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**The Science of Addiction**

Wednesday, October 26, at 6:30 p.m.

Joey Supina, Sandusky Artisans, presenter

Learn how art and recovery come together at the Sandusky Artisans Recovery Community Center to help individuals triumph against addiction.

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**Book Discussion:**

*The Other Wes Moore: One Name, Two Fates*

Monday, October 24, at 6:00 p.m.

Mary Beth Wade Jones, BGSU Firelands, discussion leader

A narrative non-fiction story about the lives of two young African-American men that share the same name. One sentenced to a life in prison, the other became a Rhodes Scholar and a best-selling author.

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**Movie:**

COMING BACK WITH WES MOORE

Saturday, October 29, at 2:30 p.m.

In honor of our veterans

This movie tells the story of Wes Moore’s search for answers to some of the most difficult questions related to returning home from war.

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“The chilling truth is that his story could have been mine. The tragedy is that my story could have been his.”
WHAT HAPPENED TO YOU
NOT WHAT’S WRONG WITH YOU
• Allow person to save themselves
• Remember what your role is
• Not a savior or rescuer
• Facilitator, support
• Help reinstate renewed control
• The more helpless, dependent and incompetent the person feels, the worse the symptoms become
RE-ENTRY PROGRAMS & ROSC

• WHOLE HEALTH ACTION MANAGEMENT: (WHAM) is a training program and peer support group model to encourage increased resiliency, wellness, and self-management of health and behavioral health among people with mental illnesses and substance use disorders.
RE-ENTRY PROGRAMS & ROSC
RE-ENTRY PROGRAMS & ROSC

by VISIONARY IMAGIST

OHIO DEPARTMENT OF REHABILITATION AND CORRECTIONS
The Northern Ohio Juvenile Community Corrections Facility opened in 2004. It is a 30 bed community corrections facility serving boys ages 12-18. Youth can stay in the program past the age of 18 depending on the circumstances. The facility serves a 5-county catchment area including Erie, Huron, Seneca, Sandusky, and Ashland Counties. However, referrals are accepted from all Juvenile Courts in Ohio. NOJCCF is funded by the Ohio Department of Youth Services as a minimally secure facility that serves as an alternative to a commitment to the Department of Youth Services.
RECOVERY PRAYERS RISE TO HEAVEN

RECOVERY ROCKS
SANDUSKY ARTISANS RECOVERY COMMUNITY CENTER