The Mental Health & Recovery Board of Portage County plans, funds, and monitors mental health, addiction, prevention and treatment services for Portage County residents.
ROSC

- Board supports a Recovery Oriented System of Care

- Prevention is Top Priority
  Suicide prevention & prevention of deaths by drug overdose
PORTAGE COUNTY COMMUNITY HEALTH STATUS ASSESSMENT

Partnered with the Portage County Health District who contracted with Hospital Council of Northwest Ohio.

Data showed high percent of our county’s youth (grades 9-12) suffering with mental health issues:

<table>
<thead>
<tr>
<th></th>
<th>Portage</th>
<th>Ohio</th>
<th>USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth seriously considered attempting suicide in past year</td>
<td>21%</td>
<td>14%</td>
<td>17%</td>
</tr>
<tr>
<td>Youth who had attempted suicide in the past year</td>
<td>11%</td>
<td>6%</td>
<td>8%</td>
</tr>
<tr>
<td>Youth who felt sad or hopeless almost every day for 2 or more weeks in a row</td>
<td>33%</td>
<td>26%</td>
<td>30%</td>
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</tbody>
</table>
PORTAGE COUNTY COMMUNITY HEALTH STATUS ASSESSMENT

- Developed Community Health Improvement Plan
- Mental Health Identified one of the top 5 priorities
- 3 year plan to expand mental health services, prevention programs targeting youth & families
SCHOOL DISTRICTS

- Fall 2015: Met with superintendents, introduced Red Flags
- Winter 2016: Training with 100% school district representation
SCHOOL DISTRICTS

- Spring 2016: Followed up with counselors. Provided data from the Health Assessment.
- Fall 2016: Participated in school presentations, offered assistance.
- Winter 2017: Share Red Flag experiences with district counselors, offer another training
SCHOOL DISTRICTS

Feedback & Red Flags in Action

- Ravenna: 1.5 hr staff development on Red Flags protocol before start of school year. Curriculum in 5th, 7th, & 9th grades. Parent outreach events.
- Kent: Comprehensive plan for district
- Field: Staff meeting/checklist, curriculum taught once a month in middle school
- Streetsboro: Staff meeting/checklist, 7th in fall 8th in spring, parent emails
SCHOOL DISTRICTS

Feedback & Red Flags in Action

- Aurora: Middle school curriculum over 10 years
- Rootstown: 5th, 7th, 9th grades, parent outreach through newsletters and website
- Southeast: Assembly for middle school in Fall